

# **The City Bridge Trust Committee**

# ANNEXES - APPLICATION FORMS

Date: THURSDAY, 14 JULY 2016

Time: 1.45 pm

Venue: COMMITTEE ROOMS, 2ND FLOOR, WEST WING, GUILDHALL

- b) South London Botanical Institute (Pages 1 10)
- c) Sutton Community Farm (Pages 11 20)
- d) St Mungo's Broadway (Pages 21 30)
- e) The Brandon Centre (Pages 31 40)
- f) Action Space London Events (Pages 41 50)
- g) Stratford Circus Arts Centre (Pages 51 62)
- h) Tender Education and Arts (Pages 63 72)
- i) Age UK London (Pages 73 82)
- j) Lewisham Refugee and Migrant Network (Pages 83 94)
- k) The Hackney Foodbank (Pages 95 104)
- I) Spark Inside (Pages 105 114)
- m) Inclusion London (Pages 115 124)



# The City Bridge Trust

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:		
South Lo	ndon Botanical Institute	
If your organisation is part of a large	er organisation, what is its name?	
In which London Borough is your org	anisation based?	
Contact person:	Position:	
Ms Helen Firminger Warden/fundraiser		
Website: http://www.slbi.org.uk		
Legal status of organisation:	Charity, Charitable Incorporated Company or	
Registered Charity	company number:214251	
When was your organisation establish	ned? <b>02/06/1911</b>	

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

Improving London's Environment

Which of the programme outcome(s) does your application aim to achieve?

More Londoners with a greater knowledge and understanding of the 'green' environment and biodiversity

More young people understanding the benefit of growing local food and its nutritional value

Please describe the purpose of your funding request in one sentence.

Botany on Your Plate - a botanical education programme for children, adults and teachers based around home grown or wild grown food plants.

When will the funding be required? 01/04/2016

How much funding are you requesting?

Year 1: £26,837

Year 2: £27,734

Year 3: £22,328

Page 1

Total: £76,899

# Aims of your organisation:

To maintain a centre for botany in South London and to use this as a base to introduce local people to the science, pleasure and importance of plants.

# Main activities of your organisation:

Created in 1910 in a large Victorian house, the SLBI provides a range of plant based educational facilities and programmes in a historic environment including:

A botanical library with a significant collection of books on various botanical and environmental subjects.

A herbarium of around 100,000 pressed plants incuding native British plants, flowering plants, mosses, lichens and seaweed.

Two lecture rooms (one recently refurbished) and an educational room.

A small botanic garden, including a moss trail, poisonous border, medicinal plants, wildlife pond and dye garden.

Much of this is uniquely publicly accessible - no other herbarium provides the same level of public access for both academic reference and education.

We also offer:

A programme of adult talks and workshops.

A programme of school visits.

Open Days, many tied in with wider programmes eg Open House, Big Draw, Open Garden Squares Weekend.

Historic programmes tied into the fabric of the building and our founder, Allan Octavian Hume.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	3	10	40

# Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

# Summary of grant request

Botany on Your Plate is a new project based at the South London Botanical Institute (SLBI) to help local children, families, adults and schools to explore food growing through activities primarily in science and arts.

Activities will help local schoolchildren, and people of all ages to explore food plant physiology, uses, production and waste, through the science of botany, forage walks, botanical illustration, cooking wild plants and other activities. We aim to interest people first and foremost in what is growing and what can grow on their own doorstep, but we might occasionally bring in a cocoa bean, or look at cumin seeds down the microscope, just to get us all thinking.

Botany on Your Plate will have a clear identity, within which we will aim to generate excitement and interest over food growing, foraging, and wise use of the supply chain. We will carry out meaningful food-based environmental education activities that will give knowledge about their local environment to children and adults. We will then encourage and bring skills to teachers and parents, enabling them to build on these and grow and learn about food with children they are responsible for themselves.

Over 3 years, Botany on Your Plate will provide a programme with at least 75 school visits, 30 follow up visits in schools, 30 family and all age workshops or open days, and 2 teachers' education sessions. Through this process we will bring botany and food growing into the classroom and the home, giving all involved the skills, confidence, and understanding to use food plants educationally.

#### Key Projects are:

- a) Schools Discovery Visits at the SLBI for 25 classes a year using food plants as a starting point, demonstrating to teachers the curriculum linked opportunities in their food gardens. To extend learning opportunities, 10 follow up visits per year will be made into school to work with classes within their own school environment.
- b) Teaching resources: We will produce a poster and worksheets and 2 twilight learning sessions for teachers a year.
- c) Demonstration food plants in the garden and some demonstration plants that can be brought inside eg tomatoes, chillis.
- d) Programme of adult and all age workshops: 10 food and botany based workshops, talks and open days per year, to arouse interest in fruit and vegetable plants, herbs and wild food.

SLBI is skilled in botanical learning and well connected with different experts locally and around the world. Previous specialist projects include 'Mad about Mosses' (including setting up London's first Moss Trail) and 'Hume's History' (about our Victorian founder and his links to India).

We will employ two part time staff. One Education and Outreach Co-ordinator (2 dpw, April 2016 - Dec 2018) will be responsible for leading and organising all discovery support to schools, families and teachers, while the Manager (1 dpw for this project, April 2016 - March 2019) will manage the adult education programme and freelance employees, along with the budgets, reporting and monitoring.

Volunteers will be integral to delivery of the programme within this strongly voluntary-based institute. Each school visit or open day will be supported by 3-5 volunteers, many of whom have helped to design Botany on Your Plate and its activities.

Food plants provide an opportunity for SLBI to champion environmental issues like food waste and food miles, while bringing people from different cultures together across the medium of food and growing food. Both of these issues are important to trustees, staff, and volunteers at the SLBI, particularly as we champion plants and people who work with them, locally, and around the world.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

# **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

75 Schools Discovery Visits at the SLBI using food plants to help children discover the wonder of plants, and demonstrate to teachers the curriculum linked opportunities in their food gardens. 30 follow up visits will be made into school to work with classes within their own school environment.

Teaching resources: We will produce a simple resource collection to support teachers including a poster and worksheets. We will organise two twilight learning sessions for teachers to introduce the subject and curriculum links.

Demonstration food plants in the garden - a labelled food trail of unusual vegetables grown by the gardeners to encourage conversation and be used in teaching eg cucurbits along railings, grapes over doorway; we would also grow and keep some containerised demonstration plants to be brought inside eg tomatoes, chillis.

Programme of 30 adult and family workshops: food and botany based workshops, talks and open days, to arouse interest in fruit and vegetable plants, herbs and wild food e.g. Nettle Day, elderflower forage trip, botanical art based on fruit and vegetables.

20 volunteers enabled to learn new delivery skills in environmental education with food.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

90% of children and young people participating (ie at least 1687) show greater understanding of the importance of food plants and want to grow more food plants.

90% of children and young people (at least 1687) are more interested in plants and the local environment as a result

90% of teachers (at least 180) enabled to better utilise their food garden in and out the classroom

90% of participants (at least 810 people) discover new skills and knowledge about food plants

Food trail available as resource for taught discovery sessions and for casual visitors at SLBI with 25% of visitors discovering new information about plants (2250 people over the 3 years)

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will use this period to develop and trial activities, working with children and adults but also training teachers and schools to use their food gardens in the classroom. At the end of 3 years it is likely that some continued support will be needed but not to the same extent. We will look at ways to make this self-funding.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?		
2,732		
In which Greater London borough(s) or areas of London will your beneficiaries live?		
Several SE London (100%)		
What are grown (a) will be a Gra		
What age group(s) will benefit?		
All ages 0-15		
What gender will beneficiaries be?		
All		
What will the ethnic grouping(s) of the beneficiaries be?		
White (including English/ Welsh/ Scottish/ Northern Irish/ British; Irish; Gypsy, Traveller or Irish Traveller; Any other White background)		
Mixed/ Multiple ethnic groups (including White and Black Caribbean; White and Black African; White and Asian; Any other Mixed/ Multiple ethnic background)		
Asian/ Asian British (including Indian; Pakistani; Bangladeshi; Chinese; Any other Asian background)		
Black/ African/ Caribbean/ Black British (including African; Caribbean; Any other Black/ African/ Caribbean background)		
Other ethnic group (including Arab)		
If Other ethnic group, please give details:		
What proportion of the beneficiaries will be disabled people?		
11-20%		

Revnid

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Education & Outreach coordinator 2 dpw (2.75yrs)	11,962	12,074	8,780	32,816
Project manager 1 day pw (3 yrs)	6,975	7,040	7,655	21,670
Administrator/Publicity 0.5 day pw (2.75 yr)	3,000	3,020	2,193	8,213
Staff training and expenses	600	600	500	1,700
Volunteer training & expenses	1,050	850	300	1.750
Teachers, learning & publicity materials	1,700	2,600	800	5,100
Sessional staff, tutors & special events	1,500	1,500	1,500	4,500
Food plants: growth & maintenance	725	725	650	2,100
Office costs (re project only)	650	650	600	1,900,
TOTAL:	28,212	29,109	22,928	80,746

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
SLBI investments	1375	1375	1250	4000
	ļ			
TOTAL:	1375	1375	1250	4000

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
N/A				
		-		
TOTAL:				

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Education & Outreach coord'or 2 dpw (2.75yrs)	11,962	12,074	8,780	32,816
Project manager 1 day pw (3 yrs)	6,975	7,040	7,655	21,670
Administrator/Publicity 0.5 day pw (2.75 yr)	3,000	3,020	2,193	8,213
Staff training and expenses	600	600	500	1,700
Volunteer training & expenses	1,050	850	300	1.750
Teachers, learning & publicity materials	1,700	2,600	800	5,100
Sessional staff, tutors & special events	1,500	1,500	1,500	4,500
Food plants: growth & maintenance	0	0	0	0
Office costs re project only	0	0	0	0
TOTAL:	26,786	27,682	21,678	76,746

# Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	3,692
Activities for generating funds	4,932
Investment income	32,175
Income from charitable activities	5,894
Other sources	0
Total Income:	46,693

Expenditure:	£
Charitable activities	119,792
Governance costs	2,340
Cost of generating funds	0
Other	o
Total Expenditure:	122,132
Net (deficit)/surplus:	-75,439
Other Recognised Gains/(Losses):	51,248
Net Movement in Funds:	-24,191

Asset position at year end	£
Fixed assets	590,275
Investments	623,271
Net current assets	35,737
Long-term liabilities	0
*Total Assets (A):	1,249,283

Reserves at year end	£
Restricted funds	33,264
Endowment Funds	804,627
Unrestricted funds	411,392
*Total Reserves (B):	1,249,283

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 0%

### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Grant Ref: 13140

#### Previous funding received

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

# **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
Heritage Lottery Fund	9,700	50,000	50,00	0
Esmee Fairbairn Foundation	6,428	18,149	0	
Big Lottery Awards for All	8,418	0	0	
Ernest Cook Trust	0	4,636	0	
Hume Centenary Education Fund	0	26,079	0	

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Helen Firminger

Role within Fundraiser/Warden

Organisation:

This page is intentionally left blank

# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:						
Sutton Community Farm						
If your organisation is part of a larger organisation, what is its name?						
In which London Borough is your organisation	on based?					
Sutton						
Contact person:	Position:					
Miss Charlotte Steel	General Manager					
Website: http://www.suttoncommunity	arm.org.uk					
Legal status of organisation:	Charity, Charitable Incorporated Company or					
Registered Charitable Industrial and	company number:32202R					
When was your organisation established? 01/02/2010						

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Improving London's Environment** 

Which of the programme outcome(s) does your application aim to achieve?

More young people understanding the benefit of growing local food and its nutritional value

More people reporting improved wellbeing through greater use of open spaces and through growing and greening initiatives

Please describe the purpose of your funding request in one sentence.

Contribution towards core funding to support community food growing and educational activities at Sutton Community Farm.

When will the funding be required? 01/09/2016

How much funding are you requesting?

Year 1: £86,262 Year 2: £83,610 Year 3: £82,559

Total: £252,431

#### Aims of your organisation:

Sutton Community Farm was set up in response to a need for local food, employment and skills. In 2010, following a community survey that expressed these needs, volunteers came together with a staff member to convert an unused seven acre smallholding into a beautiful, thriving community farm with a view towards the skyline of London. We aim to make a healthier, fairer local food system in Sutton and have four main objectives:

- 1. To increase local food supply, grown sustainably;
- 2. To create an inclusive, shared space for the community to cultivate skills and receive education;
- 3. To support land-based employment;
- 4. To be community-led and financially resilient.

We are registered as a Community Benefit Society. This constitutes our social purpose and democratic nature with a set of Rules, sponsored by the Plunkett Foundation. The farm is community-owned with over 130 members (many of whom are local) who each have a vote. The Management Committee is elected from the membership.

# Main activities of your organisation:

Community volunteering sessions, three days per week. The Wednesday session includes a community banquet. These sessions attract a wide variety of volunteers; the majority are young people, adults, and young learners from a special education college, we also host work placements.

Buddy Volunteering: we train experienced volunteers to help volunteers that need extra support.

Apprenticeship: we employ two apprentices on an 18-month horticultural apprenticeship.

Sustainable Farming Assistant programme: this provides volunteers with a structured, practical experience, learning the principles of organic horticulture over six months.

VegBoxes: we are London's most productive community food growing project; the majority of our produce is sold via our VegBox scheme; the remaining is sold to restaurants and donated to volunteers and Sutton Foodbank.

## **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
4	3	6	60

### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	6 year lease: 2013-2019

# Summary of grant request

We are seeking support for activities that are core to Sutton Community Farm's principle objectives. These activities address multiple needs in our community, including:

- 1) Health and well-being: in our users we witness mental and physical health conditions, social isolation and low self-esteem, which limit people's ability to lead a full and active life.
- 2) Life skills and food education: many of our younger users have limited experience with growing, cooking and eating vegetables. There are few activities for care providers and specialist education colleges to experience being part of a practical, environmental social enterprise.
- 3) Employability: 42% of our volunteers are of working age and unemployed. For many users, finding work experience is made more difficult as they are vulnerable adults or suffering long-term health problems.

#### What we will deliver:

- a) Community volunteering days: twice weekly and fortnightly Saturdays that support users to learn new skills, gain work experience and improve their health and well-being. We provide an inclusive, safe and welcoming space with activities suitable for all abilities.
- b) Buddy Volunteering: group visitors and users that require additional help, for example, due to a learning or physical disability, have support from Buddies. Buddies receive training that covers farm activities, safeguarding, communication and safety.
- c) Horticulture Apprenticeship: offering practical, work-based learning over 18 months. There is an identified lack of skills in small-scale organic farming and we are addressing this need through our rolling training programme. We have recruited four apprentices since 2012.
- d) Work experience placements: enhancing employability and life skills for young people. A work placement helps to increase confidence, demonstrate commitment and ability. Improved skills include communication, teamwork, cooking, environmental awareness and mathematics.
- e) Sustainable Farming Assistant (SFA) programme; annually we mentor up to six volunteer SFAs who attend weekly over six months. SFAs are guided through a curriculum of horticultural skills, gaining practical experience, confidence and employable skills. At the end of the programme they receive a certificate.

Why we are the right organisation to deliver the work:

We are London's most productive community food project with an excellent reputation for bringing people together to connect with the land and learn about horticulture. We have a good track record of engaging with those in need and have built strong links with schools and colleges, Volunteer Centres, probation services, care providers and community groups.

How we meet the Trust's programme outcomes:

More young people understanding the benefit of growing local food and its nutritional value: this is our speciality. Each year we host young people from schools, groups such as Scouts and programmes like The Challenge. In 2016 we trained 15 tutors who are providing afterschool cook clubs for parents and children in 14 schools.

More Londoners reporting improved well-being through greater use of open spaces, growing and greening initiatives: 97% of our volunteers report improved well-being through their experience on the farm. In five years we have engaged with over 3,000 visitors and volunteers.

Meeting the Trust's 'Good Practice' principles:

- Involving local people: our farm is owned by over 130 members, most of whom live locally. The management committee is elected from the membership.
- Welcome people from all backgrounds, valuing diversity: running an inclusive, welcoming space is central to our ethos and our Equal Opportunities policy ensures best practice.
- Value and support volunteers: we regularly review our volunteer policy and procedures, have at least two volunteer appreciation events each year and invite volunteers to take produce home.
- Reducing our carbon footprint: our Environmental Action Plan manages improvements to

our environmental footprint across 10 principles of One Planet Living.

Grant Ref: 13369

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

As a young organisation, we have not yet applied for any Quality Marks. As part of this project we have budgeted to achieve the Investing in Volunteers Award.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Structured community volunteering sessions on Wednesday, Thursday and alternate Saturdays (132 sessions each year). These sessions will involve facilitated food growing activities, harvesting, packing, enhancing biodiversity and site improvements. The Wednesday session includes a lunchtime banquet, promoting healthy eating with the community. Volunteers are invited to take produce home.

Expand Buddy Volunteering programme by recruiting 6-12 Buddy Volunteers each year and delivering two training days that cover farm activities, safeguarding children and vulnerable adults, communication and safety.

Continue the 18 month horticultural apprenticeship, recruiting a new apprentice each year on the London Living Wage.

Host up to six young people on work experience placements each year. Each work experience placement will span at least two weeks to ensure that depth of learning and experience is achieved. We will focus on our existing relationships with local schools, colleges and partners to find learners.

Continue to run an annual Sustainable Farming Assistant (SFA) programme: with capacity for up to six SFAs who attend weekly over six months. SFAs will be guided through a curriculum of horticultural skills, gaining practical experience and confidence.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Over 90% of volunteers and farm users report improved mental and health well-being and improved self-esteem or confidence.

Our Buddy Volunteering programme will increase the number and diversity of users able to experience and benefit from the farm. For example, users and school groups that require additional support.

Apprentices are equipped with the skills, experience and confidence to manage the growing operation and community activities at a similar size project.

Young people completing a work placement will have a greater understanding of horticultural career options and have improved valuable life skills (including communications, teamwork, social skills, healthy cooking and eating, environmental awareness and mathematics).

All Sustainable Farming Assistant programme graduates have increased skills, experience and employability in the horticultural and food enterprise sector.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes. The activities in this project are an important means for us to fulfil our core objectives as an organisation. Some grant funding will be required to fund part of the activities beyond this three-year period. We are working to reduce grant dependency further through business diversification. In 2015/16 we were 25% reliant on grant funding to cover our costs.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?			
748			
In which Greater London borough(s) or areas of London will your beneficiaries live?			
Sutton (80%)			
London-wide (20%)			
What age group(s) will benefit?			
All ages			
What gender will beneficiaries be?			
All			
What will the ethnic grouping(s) of the beneficiaries be?			
A range of ethnic groups			
If Other ethnic group, please give details:			
What proportion of the beneficiaries will be disabled people?			
11-20%			
<del></del>			

Subsequently revised ... gea Appendix A.

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staffing: General Manager, 2 Apprentices, Head of Production	116,193	118,516	120,887	355,596
Lease and site maintenance	8,252	8,252	8,252	24,756
Supporting volunteers and training	1,392	1,392	1,392	4,176
Insurance	3,314	3,338	3,338	9,990
Office costs	1,128	1,128	1,128	3,384
Accountancy and legal	3,294	3,294	3,294	9,882
Marketing and communication	5,892	5,892	5,892	17,676
Utilities: water, gas, electricity	4,280	4,640	4,640	13,560
Other: equipment depreciation, travel, misc	12,336	10,136	10,136	32,608

TOTAL:	156,081	156,588	159 050	471 629
IOIALI	150,001	130,300	130,333	771,020

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Contribution from the farm's earned income	58,214	67,280	76,399	201,893
	0	0	0	0

TOTAL:	58,214	67,280	76,399	201,893

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Comic Relief - Local Communities	10,000	0	0	10,000
	0	0	0	0

TOTAL:	10,000	0	0	10,000
--------	--------	---	---	--------

# **How much is requested from the Trust?**

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff: General Manager and 2 Horticultural	60,806	62,022	60,971	183,799
Apprentices				
Lease and site maintenance	8,252	6,200	6,200	20,652
Supporting volunteers and training	1,392	1,392	1,392	4,176
Insurance	3,314	3,338	3,338	9,990
Office costs	1,128	1,128	1,128	3,384
Accountancy and legal	2,094	2,094	2,094	6,282
Marketing and communication	2,796	2,796	2,796	8,388
Utilities: water, gas, electricity	4,280	4,640	4,640	13,560
Investing in Volunteers Award	2,200	0	0	2,200

TOTAL:	86,262	83,610	82,559	252,431
1		1		

### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	51,354
Activities for generating funds	127,674
Investment income	0
Income from charitable activities	35,075
Other sources	0
Total Income:	214,103

Expenditure:	£
Charitable activities	151,922
Governance costs	265
Cost of generating funds	53,097
Other	1,988
Total Expenditure:	207,272
Net (deficit)/surplus:	6,831
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	6,831

Asset position at year end	£
Fixed assets	18,012
Investments	0
Net current assets	47,287
Long-term liabilities	0
*Total Assets (A):	65,299

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	65,299
*Total Reserves (B):	65,299

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 1-10%

# **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In Sep-15 we launched our community share offer, raising £18,512 from 133 people. This is a social investment with no dividends or expectations of interest. Our cash position is similar to Yr End Mar-15, however our current liabilities have increased due to a funded project and we have received less grant funding. We forecast a loss in the 2015/16 financial year, reducing our reserves.

Grant Ref: 13369 Page 18

# **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	9,094	0	8,585
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	10,000	10,000

### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
HCD Memorial Trust	20,000	0	20,000
Tudor Trust	30,000	0	0
Mayor of London: Team London	0	10,000	10,000
Sutton Community Fund	9,094	0	8,585
Ernest Cook Trust	10,000	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Charlotte Steel

Role within **General Manager** 

Organisation:

Grant Ref: 13369

APPENDIX A

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff costs	39,236	40,021	40,822	120,079
Volunteer Refreshments	624	636	650	1,910
Staff Training	996	996	996	2,988
Contribution to Overheads	1,197	1,211	1,225	3,633
Office costs	220	224	229	673
Marketing and Communications	560	571	582	1,713
Insurance (Public Liability)	1,770	1,805	1,500	5,075
TOTAL:	44,603	45,464	46,004	136,071

# What income has already been raised?

Source: Comic Relief	Year 1	Year 2	Year 3	Total
Staff costs	8,991			
Volunteer refreshments	624			
Office costs	220			
Marketing and Communications	165			
TOTAL:	10,000			

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Esmée Fairbairn Foundation	4,613	15,471	16,007	36,091
TOTAL:				

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Staff Costs*	27,720	27,938	28,497	84,155
Staff Training	500	250		750
Insurance (Public Liability)	1,770	1,805	1,500	5,075
TOTAL:	29,990	29,993	29,997	89,980

<sup>\*</sup> Staff costs = 3.5 days per week Head of Production + 1 day per week General Manager

# The City Bridge Trust

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:	
St Mungo	's Broadway
If your organisation is part of a larger organi	isation, what is its name?
In which London Borough is your organisatio	n based?
Tower Hamlets	
Contact person:	Position:
Ms Noemi Reiner	Senior Trust Fundraiser
Website: http://www.mungosbroadway.	org.uk
Legal status of organisation:	Charity, Charitable Incorporated Company or
Registered Charitable Industrial and	company number:1149085
When was your organisation established? 01	/01/1969

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

Improving Londoners' Mental Health

Which of the programme outcome(s) does your application aim to achieve?

More homeless and transient people having access to mental health services and reporting improved well-being

Please describe the purpose of your funding request in one sentence.

LifeWorks provides a psychotherapy service for homeless people in London

When will the funding be required? 01/06/2016

How much funding are you requesting?

Year 1: £45,000

Year 2: £45,000

Year 3: £45,000

Total: £135,000

#### Aims of your organisation:

#### Vision:

Everyone has a place to call home and can fulfil their hopes and ambitions.

#### Mission:

- We work with people experiencing homelessness and those who are at risk of homelessness; every night we house over 2,500 people.
- We run more than 200 frontline services to respond to the housing, health, wellbeing, learning and skills needs of our clients; giving them the help they need to recover.
- We find the most appropriate routes off the streets for people who are rough sleeping, because sleeping on the streets is harmful and dangerous and no one should have to experience it.
- We work with our clients, commissioners and other organisations to build effective services around the individual; focussing on their strengths and abilities as well as their needs.
- We combine the voices of our clients with evidence and knowledge about what works to advocate for the policy change we believe can end homelessness.

# Main activities of your organisation:

St Mungo's provides a bed and support to more than 2,500 people each night who are either homeless or at risk, and works to prevent homelessness. We support people through 1,900 beds across London and more than 200 projects, including housing, advice services, and specialist health, skills and work services. We work across London and Southern England, and run outreach services for rough sleepers in London, Oxford, Bristol, Reading, Brighton, Gloucestershire, and Sussex.

Our work covers three main areas:

- 1. Emergency: helping people find a way out of homelessness
- 2. Recovery: helping people leave homelessness behind forever
- 3. Prevention: preventing people from becoming homeless in the first place.

Formed in April 2014 by the merger of two long established homelessness charities, St Mungo's and Broadway, we currently work across London and the south of England but influence and campaign nationally to help people to rebuild their lives.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
11,000	160	11	649

# Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	15 years

#### Summary of grant request

#### LifeWorks

LifeWorks delivers specialised psychotherapy for homeless people and promotes greater understanding of mental health in St Mungo's projects.

Many of our clients have experienced repeated trauma: 22% have experienced domestic violence and abuse; 72% have a mental health need, and 56% have a substance use need. These are key factors causing, and exacerbated by, homelessness.

Despite the severity of their issues, homeless people are often excluded from statutory mental health services because of their substance use or sporadic attendance. In contrast, LifeWorks is a more flexible service which accommodates homeless people's complex needs.

LifeWorks offers a broad range of therapy, including brief (12 week) and medium (26 week) blocks of weekly sessions, as well as longer term provision. Each year, LifeWorks helps over 120 homeless people overcome past trauma.

In addition, we provide the following group sessions:

- 1) Psycho-educational workshops, to increase clients' understanding of psychotherapy and help them make a more informed decision about whether psychotherapy is right for them.
- 2) A weekly Access Group, providing peer support and motivation for people who are on LifeWorks' waiting list (8 weeks on average) to reduce dropout rates.
- 3) A weekly Transition Therapy Group, for people who have completed psychotherapy but need further support as they move towards education, work and independent housing.

LifeWorks also runs client and staff reflective practice groups in St Mungo's accommodation projects, with the aim of promoting Psychologically Informed Environments (PIEs), which are responsive to the physical and emotional needs of people who have experienced trauma.

#### **Outcomes**

Thanks to your support, 474 clients will experience the following outcomes over 3 years:

- Improved emotional wellbeing.
- Stable or improved physical health including reduced substance use, access to detox services, reduced self-harm and more effective use of health services.
- Engagement with work, training, or volunteering.
- Improved personal or social relationships.
- · Positive progress into housing.

The last four outcome have been identified in the Mental Wellbeing Impact Assessment Toolkit as positive factors contributing to mental wellbeing.

#### Track record

We have been providing mental health support to homeless people for 30 years, and LifeWorks has been delivering individual psychotherapy since 2008. Last year, 124 people received counselling support, with 98% improving their mental wellbeing and 68% improving their personal or social relationships.

#### **Principles of Good Practice**

St Mungo's is committed to equality and diversity. We have six diversity networks: LGBT\*Q+, Irish, Disability Action, Black, Asian and Minority Ethnic (BAME), Central and Eastern European (CEE) and Women's Action, who consult their members to ensure our procedures are as inclusive as possible. This year, the LGBT\*Q+ network was named Employee Network Group of the Year by Stonewall.

Our client involvement group, Outside In, meets with Board members and directors every six weeks to ensure clients have a say on the decisions affecting them. As a result of consultations for our women's strategy, we established our first women's psychotherapy service and Children and Family Advice service last year.

St Mungo's is committed to supporting volunteers, and is accredited by Investing in Volunteers. Volunteers can access a wide range of training courses, and receive regular supervision and opportunities to feedback. We encourage people with experience of homelessness to volunteer in our projects. Some LifeWorks psychotherapists also deliver sessions on a voluntary basis.

St Mungo's is piloting an Environmental Management System and has implemented a number of environmental schemes such as: carbon smart scheme, waste minimisation programme, recycling and reusing materials and a cycle to work scheme. Our Environmental Forum meets quarterly and steers progress against an annual plan. Nine of our sites achieved Carbon Smart Blue Awards.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Investors in People; Investors in Volunteers; Disability Double Tick; Matrix Quality standard for information advice and guidance services.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

- 11,376 individual psychotherapy sessions delivered to 474 clients
- 120 pre therapy Access Groups for 180 clients on the waiting list for individual therapy
- 120 post therapy Transition Groups with an expected 72 clients benefitting over the grant period
- 15 psycho-educational workshops benefitting 90 people at St Mungo's Recovery College in Southwark
- 1,440 reflective practice group sessions involving 180 staff members within Psychologically-Informed Environment (PIE) projects

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Clients improve their emotional wellbeing

Clients maintain or improve their physical health

Clients engage in meaningful occupation, such as work, volunteering or education

Clients improve their personal or social relationships

Clients maintain their housing or make a positive move into housing

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

LifeWorks is funded through a mixture of unrestricted funding and grants. We continually evaluate our projects to ensure that they meet the needs of our clients and provide the best support available in the current policy environment. We will explore further funding opportunities during the life of the grant, including from statutory sources and partnerships with external agencies.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?				
474				
In which Greater London borough(s) or areas of London will your beneficiaries live?				
London-wide (100%)				
What age group(s) will benefit?				
16-24				
25-44				
45-64				
65-74				
What gender will beneficiaries be?				
All				
What will the ethnic grouping(s) of the beneficiaries be?				
A range of ethnic groups				
If Other other group, planes give detaile.				
If Other ethnic group, please give details:				
What proportion of the beneficiaries will be disabled people?				
31-40%				

# Funding required for the project

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
3.4 full time equivalent psychotherapists: salary, pension and NI costs	170,241	171,943	173,663	515,847
0.8 full-time equivalent Psychological Interventions Manager	37,060	37,431	37,805	112,296
Staff recruitment	630	636	643	1,909
Staff training and travel costs	1,848	1,866	1,885	5,600
Insurance	630	636	643	1,909
Mobile phones and computer costs	6,048	6,108	6,170	18,326
Mentalisation Based Therapy training	9,000	3,132	0	12,132
Legal and professional fees (clinical supervision)	12,000	12,120	12,241	36,361
Management costs	26,384	25,986	25,894	78,264

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Breadsticks Foundation	87,994	83,864	31,553	203,411
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	0	0	0	0

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Green Hall Foundation	9,790	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TAL:	0	0	0	0	
------	---	---	---	---	--

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Contribution towards the salary of 1 FTE psychotherapist	45,000	45,000	45,000	135,000
	0	0	0	0

TOTAL:	0	0	0	0
TOTAL				•

# Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	7,544,000
Activities for generating funds	0
Investment income	122,000
Income from charitable activities	65,225,000
Other sources	2,833,000
Total Income:	75,724,000

Expenditure:	£
Charitable activities	68,560,000
Governance costs	133,000
Cost of generating funds	3,412,000
Other	34,000
Total Expenditure:	72,139,000
Net (deficit)/surplus:	3,585,000
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	3,585,000

Asset position at year end	£
Fixed assets	13,925,000
Investments	0
Net current assets	11,334,000
Long-term liabilities	429,000
*Total Assets (A):	24,830,000

Reserves at year end	£
Restricted funds	1,220,000
Endowment Funds	0
Unrestricted funds	23,610,000
*Total Reserves (B):	24,830,000

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 81-90%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

In January 2016 we have changed our name from St Mungo's Broadway to St Mungo's, although our legal trading name remains St Mungo Community Association and our registered charity number has remained the same. We also welcomed Robert Napier CBE to the organisation as our new Chair of the Board of Trustees.

Grant Ref: 13256 Page 28

# **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
0	0	0	
0	0	0	
0	0	0	
0	0	0	
0	0	0	

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Noemi Reiner

Role within **Senior Trust Fundraiser** 

Organisation:

Grant Ref: 13256

This page is intentionally left blank

# The City Bridge Trust

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:				
The Brandon Centre				
If your organisation is part of a larger organi	sation, what is its name?			
In which London Borough is your organisation	n based?			
Camden				
Contact person:	Position:			
Dr Geoffrey Baruch	Director			
Website: http://www.brandoncentre.org.uk				
Legal status of organisation:	Charity, Charitable Incorporated Company or company number: 290118			
When was your organisation established? 01	/01/1968			

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Improving Londoners' Mental Health** 

Which of the programme outcome(s) does your application aim to achieve?

More children and young people receiving specialist help, resulting in improved mental health

Please describe the purpose of your funding request in one sentence.

To improve leadership/management so that the Brandon Centre continues to meet service objectives for 12 to 25 year olds with mental health and other problems.

When will the funding be required? 01/06/2018

How much funding are you requesting?

Year 1: **£52,023** 

Year 2: **£52,803** 

Year 3: **£53,595** 

Total: £158,421

### Aims of your organisation:

The principal objective of the Brandon Centre is to maintain and develop an accessible and flexible professional service in response to the psychological, medical, sexual and social problems of young people aged 12 to 25 years. The Centre aims to relieve distress, mobilise personal resources and facilitate growth in adolescents towards responsibility and self-fulfilment. The Centre particularly aims to prevent or alleviate suffering caused by unwanted pregnancy, ill mental health, psychological disturbance and maladaptation in adult and future family relationships. Our service extends to a wide range of adolescent problems and is based on a devlopmental understanding of adolescence. There are particular medical provisions for contraceptive, pregnancy and psychosexual difficulties.

# Main activities of your organisation:

Individual and group psychotherapy for 12 to 24 year olds: A free and confidential service available six days per week for young Londoners with mental health problems staffed by qualified child, adolescent and adult psychotherapists and doctoral clinical psychologists that can be accessed through self referral or being referred

Contraception and sexual health service: A free and and confidential service for 12 to 25 year olds available six days per week that offers appointments with a specialist medical/nursing team and a drop in service for free condoms, sexual health advice and information and STI screening

Multisystemic Therapy: An intensive, home-based therapy for families of young people aged 12 to 16 with serious and complex mental health problems, persistent offending, substance abuse, poor engagement in education. problem sexual behaviour and substance misuse

Parent training: A structured six session manualised group programme for parents of 12 to 16 year olds presenting with challenging or antisocial behaviour

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
20	20	8	2

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Owned	

#### **Summary of grant request**

#### The need for the project

The need to appoint a Centre manager arises from more young people with mental health problems receiving specialist help over the last three years and anticipated future expansion. The expansion has created management challenges around ensuring the smooth and efficient running of the Centre, continuing delivering services of high quality, managing and employing staff, effective business planning, clinical governance of a high standard, effective and reliable IT systems and a safe and healthy working environment. These challenges can best be met by appointing a Centre manager whose role would be very similar to a practice manager in primary care.

#### How the work will be delivered

A confidential psychotherapy and counselling service for 12 to 24 year olds will be delivered by a team of qualified psychologists and psychotherapists. Young people will self refer or be referred. Young people's risk and safety will be assessed and monitored. They will be informed of available therapeutic options so that they can make an informed choice. Weekly sessions can be for a maximum of up to 12 months, following which support can continue on a less regular basis potentially until the young person is 24. Staff will work colaboratively with young people in an outcome informed way and will encourage and be open to feedback from the young person.

# What the project aims to achieve

The overarching goals are measurably to reduce young people's mental health problems and strengthen their resilience to meet life challenges. These goals will be achieved by being in alignment with what young people say they want. The findings from a peer led survery of users views suggest young people need to be informed so they can participate in treatment direction and evaluation.

# Why you are the right organisation to deliver the work

The Brandon Centre has successfully evolved a model of service delivery that regularly receives positive feedback from young people and has been commended as a model of good practice in government policy documents. From our most recent survey of young people's experience of the service 95% rated as certainly true the statement 'If a friend needed this sort of help I would suggest them to come here'.

How your project will meet the Trust's programme under which you are applying In 20014/15 415 young people used the psychotherapy services. We expect to increase this number as a result of Camden and Islington plans to expand mental health services for young people. We will meet the goal of improved mental health by regular and consistent monitoring of outcomes by applying a battery of standardised measures that we are currently using.

How your project meets the Trust's 'Principles of Good Practice'

Service users contribute to service planning through a variety of feedback and other activities including an annual feedback

fete, focus groups, completing experience of service questionnaire, feedback to any proposed service initiative e.g weekend opening. Over 43% of our users come from backgrounds other than white European - in obtaining regular feedback from young people we ask them whether they feel welcome regardless of their background, the response is overwhelmingly positive; regarding volunteers we offer young people participation in a youth ambassador scheme, we teach them skills which they then use to the betterment of the Centre. We reduce carbon footprint by purchasing energy saving efficient equipment, by staff being encouraged to be conscious of their use of energy e.g. printing as little as possible, by recycling as much as possible, by encouraging staff on outreach work to use public transport, many staff cycle to and from work.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

The Brandon Centre is registered with the Care Quality Commission and has been successfully inspected on each occasion it has been subject to inspection.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Year 1, 280 Camden 12 to 24 year olds with mental health problems will receive counselling/therapy at the Brandon Centre

Year 2, 300 Camden 12 to 24 year olds will receive the same service

Year 3, 320 Camden 12 to 24 year olds will receive the same service

In year 1, 70 Islington 16 to 21 year olds with mental health problems will receive counselling/therapy at three youth hubs

In year 2, 90 Islington 16 to 21 will receive the same service

In year 3, 100 Islington 16 to 21 will receive the same service

In year 1, 4000 appointments will be offered to 280 Brandon Centre users with a takeup of 70%

In year 2, 4500 appointments will be offered to 300 with a take up of 73%

In year 3, 4800 appointments will be offered to 320 with a take up of 76%

In year 1, 1000 appointments will be offered to 70 Islington young people with an uptake of 70%

In year 2, 1300 appointments will be offered to 90 with a take up of 73%

In year 3, 1500 appointments will be offered to 100 with a take up of 76%

In year 1, reduce waiting time for an initial appointment from 10 to eight weeks

In year 2, reduce from eight to six weeks

In year 3, reduce from six to four weeks

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

A statistically reliable improvement in internalising, externalising or total problems measured by either Youth Self Report Form of Young Adult Self Report Form in 50% of young people followed up at three or six months.

Progress made towards three goals self determined by the young person using the Goal Based Outcome tool. Progress toward each goal is rated on a scale from not met at all (0) to goal reached (10). 50% of goals will show a reliable change i.e. a change greater than 2.45 points.

Symptomatic improvement in anxiety states and depression measured by Revised Children's Anxiety and Depression Scale (under 18s) or GAD7 (generalized anxiety disorder 7) or PHQ-9 (patient health questionnaire) in (young people aged 18 or older)

Satisfaction with care using the Experience of Service Questionnaire (ESQ), a client-reported experience measure that captures satisfaction with care received. 85% or more rate as certainly true the statement 'If a friend needed this sort of help I would recommend that they came here'

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We would be planning to continue resourcing the post beyond the period of funding since it would be a key positon at the Brandon Centre. We successfully transitioned the lead clinician post funded by a previous City Bridge Trust grant from public sector contracts and would use the same approach.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?				
387				
In which Greater London borough(s) or areas of London will your beneficiaries live?				
Camden (82%)				
Islington (18%)				
What age group(s) will benefit?				
0-15				
16-24				
What gender will beneficiaries be?				
All				
What will the ethnic grouping(s) of the beneficiaries be?				
A range of ethnic groups				
If Other ethnic group, please give details:				
What proportion of the beneficiaries will be disabled people?				
1-10%				

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Psychologists and psychotherapists (2 F/T; 8P/T	326,563	329,827	333,126	989,516
Lead clinician (psychologist)	54,631	55,177	55,729	165,537
Centre manager	52,023	52,803	53,595	158,421
Referrals coordinators, participation officer (1 F/T; 1 PT	67,084	67,746	68,422	203,252
All costs including overheads and evaluation	100,060	101,110	102,174	303,344
	0	0	0	0
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	600,361	606,663	613,046	1,820,07
--------	---------	---------	---------	----------

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Camden	355,380	355,380	355,380	1,066,140
Islington	79,500	79,500	79,500	238,500
Cripplegate Foundation	18,000	0	0	18,000
Charitable Trusts	42,000	42,000	12,000	96,000

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Charitable Trusts: annual donors, annual grants	30,000	48,000	48,000	126,000
Islington	22,000	22,000	22,000	66,000
Additional donatons/grants to be raised	1,458	6,980	42,571	51,009
	0	0	0	0

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Centre manager	52,023	52,803	53,595	158,421
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	52,023	52,803	53,595	0

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month: March	Year: 2016
		1

Income received from:	£
Activities for generating funds	0
Investment income	2,633
Income from charitable activities	1516,795
Other sources	0
Total Income:	1667,422

Expenditure:	£
Charitable activities	1759,252
Governance costs	9,707
Cost of generating funds	0
Other	0
Total Expenditure:	1768,959
Net (deficit)/surplus:	(101,537)
Other Recognised Gains/(Losses):	
Net Movement in Funds:	(101,537)

Asset position at year end	£
Fixed assets	252,387
Investments	0
Net current assets	687,412
Long-term liabilities	0
*Total Assets (A):	939,799

Reserves at year end	£
Endowment funds	0
Restricted funds	303,622
Unrestricted funds	636,137
*Total Reserves (B):	939,799

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### **Statutory funding**

For your most recent financial year, what % of your income was from statutory sources? 91-100%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

There has been a reduction in the number of MST teams from three to two and a reduction in the number of therapists per team from four to three. This reduction occurred because a number of local authority contracts based on government projects ended. The reduction was achieved by staff taking redundancy.

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	542,659	718,517	1,301,446
London Councils	0	0	0
Health Authorities	394,270	415,933	134,702
Central Government departments	381,938	365,979	160,000
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
John Lyons Charity	30,000	0	0
Tuixen Foundation	30,000	0	0
J Paul Getty Jnr Charitable Trust	25,000	0	0
Cripplegate Foundation	18,000	18,000	18,000
GMS Estates	10,000	10,000	7,500

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Geoffrey Baruch

Role within **Director** 

Organisation:

Page 39

This page is intentionally left blank

# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:							
Action Space London Events							
If your organisation is part of a larger organisation, what is its name?							
In which London Borough is your organisation based?							
Camden							
Contact person:	Position:						
Mrs Barbara van Heel	Co-director						
Website: http://www.actionspace.org							
Legal status of organisation:							
Registered Charity company number: 289618							
When was your organisation established? 04/04/1984							

#### **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

Making London More Inclusive

Which of the programme outcome(s) does your application aim to achieve?

Disabled people actively taking part in the arts or sport

Disabled people reporting increased well-being as a result of taking part in the arts or sport

Please describe the purpose of your funding request in one sentence.

ActionSpace requests support over next three years as it expands provision to cover all of London and work with more young people with learning disabilities.

When will the funding be required? 20/06/2016

How much funding are you requesting?

Year 1: £40,823

Year 2: £39,334

Year 3: £38,127

Total: £118,284

### Aims of your organisation:

ActionSpace enables Londoners with learning disabilities to participate in the arts. The main aim of our work is to give people with learning disabilities' access to the arts, and the tools and confidence to have a voice and participate in wider society. We offer ongoing Studio Projects and fixed-term outreach projects tailored to specific groups of people with learning disabilities. At present, ActionSpace works with c.100 people with learning disabilities each week.

#### Our aims are:

- To encourage the personal and creative development of each artist;
- To be an advocate and provide a platform to showcase the talents of artists with learning disabilities;
- To provide opportunities for the general public to experience and engage with the great art created by artists with learning disabilities

And to increase the number of people with learning disabilities to engage with the visual arts, with a particular focus on the deprived boroughs of greater London, such as Newham.

#### Main activities of your organisation:

ActionSpace currently runs Studio Projects in the London boroughs of Camden and Wandsworth, which offer people with learning disabilities ongoing opportunities to participate in the arts through a wide range of visual arts projects, including painting, ceramics, sculpture, photography and film.

ActionSpace also runs fixed-term outreach projects tailored to specific groups of people, such as young people with learning disabilities and/or people with profound and multiple learning disabilities, often in partnership with day-centres or other community organisations.

All ActionSpace's projects offer weekly and on-going opportunity for people with learning disabilities to develop their creative practices supported by Artist Facilitators. The aim of our projects is to improve artists' confidence, self-esteem, communication skills and independence, through supporting them to devise, produce, exhibit and sell their own artwork -- we organise exhibitions ourselves and support our artists to enter work for open submission exhibitions. Our projects are user-led; they decide what they want to do and what materials and techniques to use.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
1	4	6	20

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	

#### Summary of grant request

ActionSpace requests support over three years as it expands provision to cover more of London and increase its work with young people with learning disabilities.

At the end of 3 years we aim to be delivering five new projects:

- 3 new Studio Projects for adults with learning disabilities another in the London borough of Newham (we recently opened our first there) and 2 in a north-west London borough.
- 2 new projects for Young People with learning disabilities one in Newham and one in a north-west London.

#### Need for the expansion

- Demand for our Studio Projects in Camden and Wandsworth is growing -- all are fully booked and there is no room to expand.
- People with learning disabilities from outer London boroughs are unable to attend, as travel is a barrier for people with learning disabilities.
- Newham has low arts engagement and no comparable provision for people with learning disabilities
- Young people with learning disabilities need opportunities to explore their creativity; meet role models, like-minded young people and create support networks.

#### Aims

- To increase our reach geographically to enable more Londoners with learning disabilities to participate in the arts.
- To support young people with learning disabilities.
- To improve the quality of life for more Londoners with learning disabilities

#### How the work will be delivered

Sheryll Catto, ActionSpace's Co-Director will manage the project; professional Artist Facilitators will run the creative sessions, supported by two volunteers; and our Pastoral Care Coordinator will ensure participants' needs are catered for.

#### Delivery will involve:

- running each project on a weekly basis at the same time and place
- working in small groups with a high staff-participant ratio;
- focusing on participants' talents:
- providing a safe and supportive environment;
- access to high quality art materials and equipment;
- support of an experienced Artist Facilitator;
- exhibiting and selling work:

ActionSpace has 30 years experience in delivering creative projects for people with learning disabilities. We currently run successful Studio Projects in Camden and Wandsworth; Young People's projects in Camden and Wandsworth; and several outreach projects.

Our expertise and approach is demonstrated by the positive feedback and outcomes of previous projects. Evaluation shows that:

- 80% of beneficiaries reported a reduction in their sense of isolation.
- 50% of beneficiaries reported improved confidence and self-esteem.
- 60% of beneficiaries reported a reduction in anxiety.

#### Meeting 'Making London More Inclusive' outcomes:

- 1. The expansion means that more people with learning disabilities will participate in the arts.
- 2. The new participants with learning disabilities will report increased well-being.
- 3. More young people with learning disabilities will be supported as they transition to adulthood.

Meeting the Trust's 'Good Practice' principles:

- We involve beneficiaries in planning our work and invite them to come to our Board meetings. It should be recognized that the majority of our beneficiaries have very severe learning disabilities. On our management committee are two people with learning disabilities and one staff member has a learning disability. A funded project that includes training and paying artists with learning disabilities to lead workshops has just begun.
- This project increases access. Although our work centres on disability, within that characterization we are committed to inclusion and equality of opportunity and welcome people of all backgrounds.
- We value the contribution volunteers make. Volunteers receive expenses, experience and on the job training.
- We are committed to reducing the environmental impact of our business and focus on the areas where we both have the greatest impact and the greatest control.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

n/a

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Studio Project in the London Borough of Newham that offers approximately 10 adults with learning disabilities the opportunity to participate in creative art sessions on a regular and long-term basis. (Consolidating one Studio Project and launching one extra one the following year, two in total.)

Studio Project in a north west London borough (exact location to be decided in year 1) that offers approximately 10 adults with learning disabilities the opportunity to participate in creative art sessions on a regular and long-term basis. (Launching two in the three year funding period)

One Young People's Project in the London borough of Newham that offers approximately 10 young people with learning disabilities the opportunity to participate in creative art sessions on a regular basis, with the opportunity to progress to a Studio Project if desired.

One Young People's Project in a north west London borough that offers approximately 10 young people with learning disabilities the opportunity to participate in creative art sessions on a regular basis, with the opportunity to progress to a Studio Project if desired.

Exhibitions, selling work, residencies as well as seeking out commissions will be part of the service ActionSpace will provide to the new participants. Each participant will have at least one exhibition opportunity per year and access to various gallery trips, master classes, and other training opportunities.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

The well-being of people with learning disabilities who participate in the new projects will improve through participation in regular ongoing creative activity with the same group of people; encouraging a new interest and the opportunity to make friends.

The people with learning disabilities who participate in the new projects will gain self-confidence, self-esteem and communication and social skills through being recognised for their artistic talents, working alongside professional artists and having the opportunity to exhibit and sell their work.

The additional people with learning disabilities who participate in the new projects will gain an increased sense of choice and control over their own lives, through being supported to make their own decisions and choices in creating their artwork.

The people with learning disabilities who participate in the new projects will learn an alternative method of expressing their thoughts and emotions, which will lead to a reduction in anxiety, therefore a lot of their challenging behaviour will begin to disappear.

For the majority of the young people with learning disabilities who participate in the new Young People's projects it will be their first engagement with the visual arts. They will benefit from new support networks, inspiring role models and discovering a potential new career path.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

The expansion will initially involve a lot of research, development and particularly recruitment. After the three year period we anticipate that all the projects will be established and fully booked, with the aim of the new Studio Projects to continue to expand and to become self-sustaining, based on the model provided by our existing Studio Projects in Wandsworth and Camden.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
60
In which Greater London borough(s) or areas of London will your beneficiaries live?
Newham (50%)
Brent (50%)
What age group(s) will benefit?
16-24
25-44
45-64
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
91-100%

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Young People Project in Newham	0	5,190	7,910	13,100
Studio Projects in Newham	14,626	16,960	17,376	48,962
Young People Project in North West London	5,100	7,670	7,910	20,680
Studio projects in North West London	0	8,560	16,110	24,760
Co-Director	22,327	14,113	11,417	47,857
10% of annual office rent	1,163	1,197	1,233	3,593
10% of office cost	1,207	1,244	1,281	3,732
	0	0	0	0

TOTAL:	44,423	54,934	63,237	162,694
		_		,

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
We have not raised any income towards this	0	0	0	0
programme but we anticipate to generate	0	0	0	0
earned income through session fees to the tune off	3,600	15,600	25,110	44,310
	0	0	0	0

'	TOTAL:	3,600	15,600	25,110	44,310

# What other funders are currently considering the proposal?

Source			Year 1	Year 2	Year 3	Total
	0	0	0		0	
TOTAL:			0	0	0	0

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Young People project in Newham	0	5,190	7,910	13,100
Studio Projects in Newham	11,026	4,960	2,496	18,482
Young People Project in North West London	5,100	7,670	7,910	20,680
Studio Projects in North West London	0	4,960	5,880	10,840
Co-director	22,327	14,113	11,417	47,857
10% of annual office rent	1,163	1,197	1,233	3,593
10% of office cost	1,207	1,244	1,281	3,732
	0	0	0	0
	0	0	0	0

TOTAL:	40,823	39,334	38,127	118,284
	40, 8 <b>2</b>	39,33	38, 130	)
	30	40	5	

#### **Finance details**

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
L	March	2015

Income received from:	£
Voluntary income	45,544
Activities for generating funds	O
Investment income	202
Income from charitable activities	215,036
Other sources	8,164
Total Income:	268,946

Expenditure:	£
Charitable activities	235,417
Governance costs	3,455
Cost of generating funds	5,353
Other	0
Total Expenditure:	244,225
Net (deficit)/surplus:	24,721
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	24,721

Asset position at year end	£
Fixed assets	2
Investments	0
Net current assets	174,819
Long-term liabilities	0
*Total Assets (A):	174,821

Reserves at year end	£
Restricted funds	16,645
Endowment Funds	0
Unrestricted funds	158,176
*Total Reserves (B):	174,821

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 21-30%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

ActionSpace changed their staff structure. In July 1015, ActionSpace recruited a full time General Manager. The company has not had a General Manager for many years. However after a rigorous review of the organisation, focusing on sustainability, the ambitions of the company, and the changing needs of people with learning disabilities, the Board decided the company needed a full time General Manager once again.

Grant Ref: 13270 Page 48

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	32,987	40,115	40,482
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	45,154	45,154	45,233

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Lloyds TSB Foundation	0	13,000	14,000
St Andrews Holborn	0	5,000	5,000
Henry Smith Charity	0	0	20,000
Trusthouse Charitable Trust	0	8,000	0
Santander Fund	0	5,400	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Barbara Maria van Heel

Role within **Co-director** 

Organisation:

Grant Ref: 13270 Page 49

This page is intentionally left blank

# The City Bridge Trust

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:	CC =			
Stratford Cir	cus Arts Centre STRATFORE THE TRUST			
If your organisation is part of a larger organisation, what is its name?				
n/a				
In which London Borough is your organisation	on based?			
Newham				
Contact person:	Position:			
Ms Becky Lees	Education Manager			
Website: http://www.stratford-circus.com				
Legal status of organisation:	Charity, Charitable Incorporated Company or			
Registered Charity	company number:1145183			
When was your organisation established? 02/01/2012				

# **Grant Request**

		Making London More Inclusive
1441 1 4	6 . 1	

Which of the programme outcome(s) does your application aim to achieve?

Disabled people actively taking part in the arts or sport

Under which of City Bridge Trust's programmes are you applying?

Disabled people reporting increased well-being as a result of taking part in the arts or sport

Please describe the purpose of your funding request in one sentence.

To fund a three-year program for an ensemble of adults with disabilities called Blue Sky Actors, culminating in the group becoming a Community Interest Company.

When will the funding be required? 10/04/2016

How much funding are you requesting?

Year 1: £24,579

Year 2: £34,814

Year 3: **£24,579** 

Total: £83,972

#### Aims of your organisation:

Stratford Circus Arts Centre (SCAC) is a multi-arts venue, driven by artistic excellence and the diverse communities of east London. Our aim is to inspire and develop talent from many art forms. At the heart of London's international community, we aim to collaborate and curate an artistic programme of dance, theatre, music, comedy, literature and circus.

With this aim, we are particularly proud that the majority of our audiences are local residents, 'hard-pressed families' and those from diverse cultural backgrounds.

For over 10 years SCAC has supported a troupe of adult actors with learning difficulties and/or disabilities called the Blue Sky Actors. As a disability-led ensemble, our aims are founded on the principles of inclusive theatre and theatre as a tool for social change, including:

- Challenging prejudice and perceptions
- Raising the profile of disability-led arts.
- Sharing good practice on and off stage.
- Creating projects with high artistic quality.
- Building progression routes for adults with disabilities

#### Main activities of your organisation:

As a community and arts led organisation we are committed to:

- Welcoming over 125,000 people through the doors each year.
- Bringing world-class work to new audiences.
- Presenting a professional multi-art form artistic programme of 150 productions and 300 shows per year.
- Being a destination venue for local communities, specifically local families and 'hard to reach audiences'.
- Offering over 10,000 participatory arts sessions through classes, workshops and events.
- Being a dynamic exhibition space where, annually, 15 visual artists preview their work and draw audiences of over 15,000.
- Being an open, friendly and accessible building at the heart of east London's international community, with daily public access and a café/bar.
- Delivering key strategic education projects including a Massed Singing Programme with local schools and a resident youth choir at the core.
- Supporting emerging artists to develop new work
- Prioritising access and inclusion in all areas of our work

#### Number of staff

Full-time:	Part-time:	Part-time: Management committee Active vo	
14	17	10	10

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	Until 2027

#### **Summary of grant request**

This grant would be for us to build on our legacy of the group and respond to the needs of the participants. We want to provide the following activities & services:

• Establishing Blue Sky Actors as a Community Interest Company (CIC). As a CIC the Blue Sky Actors would be a registered company and run as a social enterprise. As a CIC the Blue Sky Actors would be able to open a bank account, set up a website, co-opt a board of governors, write company policies (inc. equal opportunities, vulnerable adults, environmental) and, importantly, write a constitution. In turn, we would have much more scope to fundraise and grow.

If the Blue Sky Actors became a self-sustaining, independent CIC by 2019, SCAC would make them a resident company. This means the group would be based in the building and would benefit from a business address, reduced rates of hire, free meeting rooms and office space. The company's leadership and board would be a mix of adults with & without learning difficulties and drawn from members & supporters of the group.

- Elevating Blue Sky Actors as a high-level disability-led performance group. Headlining a number of public performance opportunities providing local, national and international profile. The Blue Sky Actors currently function as a class within SCAC's programme of community classes. We have fundraised on a project-by-project basis making it challenging to develop the group or plan considerably in advance. This funding would enable the group to develop their practice further through a number of ways:
- 1. The ability to plan 3 years in advance.
- 2. The resource to bring in external practitioners to elevate the group's skill level.
- 3. The opportunity to be headliners at other public events.
- 4. The chance to share practice with other disabled artists and companies.
- A Professional Development and Lead Artists Scheme
  This would result in the creation of an individual professional development plan for each member of the group, many of whom would become Lead Artists, championing specific projects.

Each learning disabled actor has different needs, experiences, expectations and aspirations; this scheme will formalise a process of supporting participants into further work, training or development opportunities.

Also, we are all too aware of how challenging it is for performers with learning difficulties and disabilities to get regular and paid work. However, we will help signpost pathways for members of the group to go on to work and/or study in the creative arts industry. This would include signposting external organisations or opportunities and also practical training sessions such as CV writing. Examples of opportunities would be to obtain employment at Stratford Circus or study at the Royal Central School of Speech and Drama on their performance-making diploma for learning disabled actors.

- A programme of professionally staged and produced events
  We already showcase our work, but our plan is to extend and enhance this provision. We
  plan to produce 2 professional productions, one research and development project and onesite specific project per year. We will deliver a performance programme that builds on
  previous achievements in the following ways:
- 1. Utilise industry professionals to increase production values.
- 2. Produce a programme of projects that are planned strategically rather than on a project-by-project basis, including three professional productions.
- 3. Have the opportunity to tour to other venues. This would offer a new and welcomed challenge to the participants as well as presenting the work to a wider audience.
- Be able to support individual Lead Artists with their own performance projects.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**Family Arts Standard** 

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Community Interest Company - Over the next three-years, our main activity will be to become an independent disability-led arts company based at SCAC as an Associate Company. We will retain our integrity whilst increasing our capacity to find more funding and deliver more innovative work.

Research and Development - We plan to conduct one R&D activity per year (three within the period of this application). These projects will be a chance to safely explore & experiment with an idea & concept with a view to turning it (or not) into a full production.

Professional Productions - We want to increase the amount of professional productions (to six over the next three years), increase the numbers of participants taking part & increase the production values of these projects. These increases will lead to more audiences, more connections and more opportunities for all taking part.

Site-specific Productions - In the past we produced a production in non-traditional theatre venue. We had great fun & learnt lots doing it. Taking these learnings and those from our planned R&D projects, we want to produce at least three site-specific (or site-responsive) productions in new venues to new audiences.

Artist Scheme - Responding to the needs & wants of our members, we will cocreate individually tailored carer plans. Also, we will support 6 participants to develop & lead their own projects. Lead Artists will be supported to produce & facilitate work beyond the Blue Sky Actors.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Increased Opportunities - By taking part in a year-round, regular program of professional arts-based activities and stagecraft events, each participant will share more skills and exchange good practice with a wider pool of experts. Combined with a committed person-centred approach, these experiences will lead to increased employability.

Overcoming Isolation - Weekly rehearsals and annual performances (to peers, families & friends) give members a sense of community and the benefits of knowing that they are needed. In turn, participants feel engaged in their local community and have a sense of pride in the contribution they make to it.

Celebrating diversity - creating regular activity that brings together a diverse group of people through creativity. By targeting mainstream audiences for the new shows we will also promote disability arts to our core audiences and break down the stigma around it using theatre as a tool for change.

Challenge Prejudice & Perceptions - We will a change overt and covert prejudices towards those with physical/learning disabilities. We will challenge these prejudices with theatre that promotes social change, whilst having high artistic standards in front of diverse audiences. This will make a difference to the participants and society alike.

Employability - by supporting each member to fulfill their individual goals we will create opportunities for members to find their own paid work in the sector or enable them to seek funding for their own creative projects in the future using the SCAC networks.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Yes, from 2019 the Blue Sky Actors will be a Community Interest Company with regular activities, projects and productions.

As a resident company at SCAC and we will fund our future from:

- Trusts and charities, including Henry Smith Charity, Steel Trust, Tudor Trust, Aspers, Tesco, Arts Council and Newham council grants.
- Money raised box offices and other donations.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
270
In which Greater London borough(s) or areas of London will your beneficiaries live?
Newham (70%)
Waltham Forest (10%)
Enfield (10%)
Hackney (10%)
What age group(s) will benefit?
16-24
25-44
45-64
What gender will beneficiaries be?
All
M/hat will the atheir convince(a) of the boundaries
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, places give detaile:
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
81-90%

Revers Request Now Submitted - See Funding required for the project Appendix A

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Establishing Blue Sky Actors as a Community	0	10,235	0	10,235
Interest Company				
Core Team & Support Workers/ Artistic	15,600	15,600	15,600	46,800
Enablers throughout sessions				
Lead Artist Scheme	2,460	2,460	2,460	7,380
Professional Development Scheme	3,600	3,600	3,600	10,800
Professional Performance Program (x 6	9,917	9,918	9,918	29,752
productions over 3 years)				
Research & Development Program (x 3 projects	2,832	2,833	2,833	8,498
over 3 years)				
Site-responsive Program (x3 projects over	2,276	2,277	2,277	6,830
three years)				
Project Management & Coordination	6,364	6,364	6,364	19,092
Core Costs & Evaluation	6,259	6,259	6,260	18,778

TOTAL:	49,308	59,545	49,312	158,166
--------	--------	--------	--------	---------

#### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Support In Kind From SCAC & SAT	3,543	3,543	3,543	10,631
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	3,543	3,543	3,543	10,631

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Awards For All	0	0	9,980	9,980
Steel Foundation	9,225	0	0	9,225
The Bulldog & Golden Bottle Foundation	0	30,000	0	30,000
Tudor Trust	10,000	10,000	10,000	30,000

	TOTAL:	19,225	40,000	19,980	79,205
--	--------	--------	--------	--------	--------

#### How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Establishing Blue Sky Actors as a Community	0	8,235	0	8,235
Interest Company				
Core Team & Support Workers/Artistic Enablers	8,390	8,391	8,391	25,172
throughout sessions				
Lead Artist Scheme	1,230	1,230	1,230	3,690

Professional Development Scheme	1,800	1,800	1,800	5,400
Professional Performance Program (x 6 productions over 3 years)	4,958	4,959	4,959	14,876
Research & Development Program (x 3 projects over 3 years)	1,416	1,416	1,417	4,249
Site-responsive Program (x3 projects over three years)	1,138	1,138	1,139	3,415
Project Management & Coordination	3,182	3,182	3,182	9,546
Core Costs & Evaluation	3,129	3,130	3,130	9,389

TOTAL:	25,243	33,481	25,248	83,972

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	123,588
Activities for generating funds	19,314
Investment income	0
Income from charitable activities	1,152,680
Other sources	46,728
Total Income:	1,342,310

Expenditure:	£
Charitable activities	1,034,231
Governance costs	10,083
Cost of generating funds	0
Other	0
Total Expenditure:	1,044,314
Net (deficit)/surplus:	297,996
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	297,996

Asset position at year end	£
Fixed assets	188,029
Investments	0
Net current assets	166,501
Long-term liabilities	0
*Total Assets (A):	354,530

Reserves at year end	£
Restricted funds	130,845
Endowment Funds	0
Unrestricted funds	223,685
*Total Reserves (B):	354,530

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 1-10%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

We have had a capital grant from Arts Council England that was restricted spend for the capital improvement project and not part of our core income. This is now coming to completion.

Grant Ref: 13092 Page 59

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	36,116	31,990	90,338
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	44,266	347,120	300,519

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	3	2014 £
John Paul Getty Foundation	0	0		60,000	
Garfield Weston	0	30,000		30,000	1
29th May 1961 Charitable Trust	0	0		10,000	)
Youth Music	0	43,681		4,853	-
A New Direction	0	12,000	•	3,000	-

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Tania Wilmer

Role within **Director** 

Organisation:

Grant Ref: 13092 Page 60

APPONDIX A
(Kerised Reduest)

Stratford Circus Arts Centre
Three Year Project Budget from 2016 - 2019
Blus Sky Budget

	£	Cash	in kind	Request from City Bridge Tru
The Blue Sky Actors				
Planning: Artistic Director (2 days x 3 years x £200 per day)	£1,200	£1,200	T	
Weekly Rehearsals: Artistic Director (10 weeks x 3 terms x 3 years x £120)	£10,800		-	
Weekly Rehearsals: Assistant Director (10 weeks x 3 terms x 3 years x £45)	£1,800		_	£
Veekly Rehearsals: Artistic Support Workers (10 weeks x 3 terms x 3 years x £30 x 4 support workers)	£2,700			
Veekly Rehearsals: Venue Hire (3 hours x 10 weeks x 3 terms x 3 years x £35 per hour)	£9,450	-		
Veekly Rehearsals: Expenses for Lead Actors (10 weeks x 3 terms x 3 years x £15 x 6 lead actors)				
Assterclasses: Visiting specialists (3 sessions x 3 terms x 3 years x £150)	£8,100			
efreshments (10 weeks x 3 terms x 3 years x £5 x 25 participants)	£4,050	<del></del>		
ub-total	£11,250	<del> </del>		
au-total	£49,350	£46,988	£2,363	£
ead Actors Scheme				
raining for Lead Actors (2 training sessions x 3 terms x 3 years x £150)	£2,700	£2,700		1
raining for Lead Actors: Expenses (2 training sessions x 3 terms x 3 years x £15 x 6 Lead Actors)	£1,620	£1,620		-1
raining for Lead Actors: Venue Hire (2 training sessions x 3 terms x 3 years x 2 hours x £35 per hour)	£1,260	£945	£315	
lentoring and personal development (£300 per lead actor)	£1,800	£1,800		-
ub-total	£7,380		£315	
rofessional Development Scheme				
aining workshops: (3 sessions x 3 years x £200)	£1,800	£1,800		-
entoring: (20 participants x 3 mentoring sessions x £150 per session)	£9,000	£9,000	-	
ıb-total	£10,800			<u> </u>
	1.10,000	£10,000		£
erformance Programme				
ofessional Production 1 (Sept-Dec)				
tistic Director (2 days x 3 performances x £200)	£1,200	£1,200		
sistant Director (2 days x 3 performances x £150)	£900	£900		
eative Producer (2 days x 3 performances x £150)	£900	£900		
oduction Manager (2 days x 3 performances x £150)	£900	£900		
tistic Support Workers (4 support workers x 2 days x 3 performances x £100)	£2,400			
enue hire: Stratford Circus studio theatre (2 days x 3 performances x £700)		£2,400	64 535	
chnical support (2 days x 3 performances x £176)	£4,200	£3,150	£1,050	f
	£1,056	£1,056		
oduction Costs (costumes, props and sundries)	£1,000	£1,000		
shers (2 days x 3 performances x £80)	£480	£480		
ent lead (2 days x 3 performances x £120)	£720	£720		
arketing and promotion (flyers, promotion, social media)	£600	£600		<u> </u>
ript production (large font and braille)	£520	£520		
ib-total	£14,876	£13,826	£1,050	£
ofessional Production 2 (Jan - Mar)	_			<u> </u>
tistic Director (2 days x 3 performances x £200)	£1,200	£1,200		<del></del>
sistant Director (2 days x 3 performances x £150)	£900			
eative Producer (2 days x 3 performances x £150)		£900		
oduction Manager (2 days x 3 performances x £150)	£900	£900		
tistic Support Workers (4 support workers x 2 days x 3 performances x £100)	£900	£900		
	£2,400	£2,400		£
enue hire: Stratford Circus studio theatre (2 days x 3 performances x £700)	£4,200	£3,150	£1,050	£
chnical support (2 days x 3 performances x £176)	£1,056	£1,056		
oduction Costs (costumes, props and sundries)	£1,000	£1,000		
hers (2 days x 3 performances x £80)	£480	£480		
ent lead (2 days x 3 performances x £120)	£720	£720	_	
arketing and promotion (flyers, promotion, social media)	£600	£600		
ript production (large font and braille)		$\overline{}$		
b-total	£520 £14,876	£520 £13,826	£1,050	
FORTIN 9. Douglapmant Project (August)				
Search & Development Projects (August) istic Director (1 day x 3 sharing performances x £200)	£600	£600		
sistant Director (1 day x 3 sharing performances x £150)		-		
sative Producer (1 day x 3 sharing performances x £150)	£450	£450		
	£450	£450		
duction Manager (1 days x 3 sharing performances x £150)	£450	£450		
istic Support Workers (4 support workers x 1 day x 3 performances x £100)	£1,200	£1,200	I	
nue hire: Stratford Circus studio theatre (1 day x 3 performances x £700)	£2,100	£1,575	£525	£
hnical support (1 day x 3 performances x £176)	£528	£528		
duction Costs (costumes, props and sundries)	£1,000	£1,000		
ners (1 day x 3 performances x £80)	£240	£240		
nt lead (1 day x 3 performances x £120)	£360	£360		
rketing and promotion (flyers, promotion, social media)	£600	£600	- 1	
ipt production (large font and brallle)	£520	£520	-	
total	£8,498	£7,973	£525	£
e-responsive Productions (April-June)		- 7		
istic Director (3 days x £200)	£600	£600		
istant Director (3 days x £150)	£450	£450		
ative Producer (3 days x £150)	£450	£450		
duction Manager (3 days x £150)				
	£450	£450		
istic Support Markers // support weekers v 2 days v 6100)	£1,200	£1,200		<u></u>
		£450	- 1	
istic Support Workers (4 support workers x 3 days x £100) vel: minibus hire (3 days x £150)	£450			
vel: minibus hire (3 days x £150) ge Manager (3 days x £250)	£450 £750	£750		
vel: minibus hire (3 days x £150)			$\dashv$	

Marketing and promotion (flyers, promotion, social media)	2000	5500		
Script production (large font and braille)	£600	£600		£390
Sub-total Sub-total	£6,830	£6,830		£341
	1.0,030	10,630	<u> </u>	£4,50
Project Management and Coordination				
Education Manager 2 days per week dedicated time (£24,000 pro rata plus 11% on costs x 0.4)	£10,656	£5,328	£5,328	£3,516
Project coordinator 2 days per week (£19,000 pro rata plus 11% on costs x 0.4)	£8,436	£8,436		£5,560
Sub-total	£19,092	£13,764	£5,328	£9,084
Evaluation				
Monitoring and report writing (4 days x 3 years x £300)	£3,600	£3,600		£2,370
Film documentary	£2,000	£2,000		£1,320
Sub-total Sub-total	£5,600	£5,600		£3,690
Total Direct Costs	£137,302	£126,672	£10,631	£83,603
Core Costs				,
Financial and Admin @ 7% of direct costs	£9,611			
Contingency @ 3% of direct costs	£4,119			£9,611
	£4,113			£C
Total Costs (Direct costs & Core Costs)	£151,032			£93,214
Income				
Professional Productions - 2 per year for 3 years (400 audlences x £4 average)	£1,600			
Research & Development Productions - 1 per year x 3 years (105 x 2.50p average)	£262			
Site-Specific Productions - 1 per year x 3 years (680 x £4 average)	£2,720			
Ticket income total	£4,582			
Stratford Circus Art Centre In kind contributions	£10,631			
Additional funding required	£42,606			
Other Funding from Trusts & Charities				
Awards For All (in 2018) one-off project funding	to 000			
Aspers Good Causes (submitted)	£9,980			
Bulldog & Golden Bottle Foundation (in 2016) (submitted)	£7,918			
Total Income from other Funding from Trusts & charities (estimated)	£29,968			
Total nicolife from other rending from Trusts & Charities (estimated)	£47,866			
Total Request To City Bridge Trust	£93,214			
Three separate payements of:				
Year 1 (2016) Project costs (£31,072)	£31,072			
Year 2 (2017) Project costs (£31,071)	£31,071			
Year 3 (2018) Project costs (£31,071)	£31,071			

# The City Bridge Trust

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:			
Tende	er Education and Arts		
If your organisation is part of a large	r organisation, what is its name?		
n/a			
In which London Borough is your org	anisation based?		
Islington			
Contact person:	Position:		
Ms Doireann Larkin Development Manager			
Website: http://www.tender.org.	uk		
Legal status of organisation:	Charity, Charitable Incorporated Company or		
Registered Charity	company number:1100214		
When was your organisation establis	hed? <b>03/01/2003</b>		

## **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Making London Safer** 

Which of the programme outcome(s) does your application aim to achieve?

More survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being

Domestic violence survivors empowered to avoid or leave violent, abusive or exploitative situations

Please describe the purpose of your funding request in one sentence.

An arts based programme that engages vulnerable young people in identifying, avoiding or escaping from abuse.

When will the funding be required? 11/10/2016

How much funding are you requesting?

Year 1: £17,877 Year 2: £40,021 Year 3: £42,661

Total: £100,559

#### Aims of your organisation:

Tender uses arts based techniques to support young people to identify, avoid or escape from domestic and sexual abuse. We work in schools and youth settings to help young people to identify, avoid or escape abuse. We help them to recognise warning signs, challenge victim blaming, seek support and empower friends to seek help if they are at risk. We also train adults to tackle the issue with young people they work with.

#### Main activities of your organisation:

Schools: Tender provides high impact, evidenced preventative schools programmes across London. We work intensively with students to change attitudes and behaviours, empowering them to establish violence free environments. These students disseminate learning to peers as leaders in violence prevention. Their campaigning embeds abuse prevention messages creating whole school change.

Youth Ambassadors: This work engages vulnerable young people who are at a high risk of experiencing abuse or who have already experienced abuse alongside intersecting disadvantage such as being in care, identifying as LGBT, having special educational needs etc.

Adult Training: We train professionals to identify the causes and impact of abuse and respond safely and effectively to victims they encounter. Training courses are open to a wide range of professions, creating a mainstreamed, integrated awareness providing victims with multiple opportunities to seek support.

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
7	2	7	3

#### Property occupied by your organisation

Is the main property owned, leased or	If leased/rented, how long is the outstanding
rented by your organisation?	agreement?
Rented	rolling basis

#### **Summary of grant request**

16-25 year olds are the age group most likely to experience IPV (Intimate Partner Violence). Marginalised groups including those in care, who have learning difficulties, or are LGBTQ, are particularly vulnerable and face more barriers to support. Many have witnessed family violence and have reduced resilience to recover from their experiences. Research shows that a history of IPV may be a critical factor in predicting homelessness, substance misuse and mental illness (Phillips 2000, Shelter 2002, Humphreys 2005).

Tender will deliver 10 hours of intensive, arts based workshops with 15 groups of vulnerable young people, identified as having been affected by IPV. Stories, pictures and scripts enable participants to discuss the issue safely through characters. Through role play and discussion, they develop practical strategies to identify, avoid or escape harm. Participants create campaigns that use peer leadership to help their friends learn more about escaping abuse. Our workshops increase empathy and encourage victims to identify effective support. We will also deliver training for adult professionals and carers to help them provide long term support.

#### **Aims**

- Help young people to recognise patterns of abuse
- Connect young victims with support services
- Practice safety planning to leave or help a friend to leave abuse
- Build skills in avoiding future unhealthy relationships
- Create positive environments where young people and staff ensure victim blaming is not tolerated

Tender's work has been independently evaluated by experts including London Metropolitan University's Child and Woman Abuse Studies Unit, Middlesex University and DMSS Research Ltd.

We completed a pilot project targeting looked after young people, those from the Traveller Community and disabled young people. This enabled these groups to understand and articulate complex ideas about abuse, rejecting the normalisation of violence. "to lead is good when it comes to a mum with a baby, but when it comes to a loving relationship, there shouldn't be a leader or follower because that's control" (looked after young person)

"You might consent to having sex with someone with a condom but if they don't wear a condom, that's rape because you consented to sex with a condom not without one." (disabled young person)

- domestic violence survivors empowered to avoid or leave violent, abusive or exploitative situations
- Our practical, drama based workshops are specially designed to enable young people to recognise warning signs of abuse and develop safe and effective strategies to leave abusive situations.
- more survivors of domestic violence accessing good quality support services that help them to improve their safety, health and well-being
- BME, LGBT and disabled survivors of domestic violence accessing appropriate services which understand and meet their needs

We will work with young survivors of abuse to connect them with specialist support that responds to specific needs. Our connections with Refuge, Women & Girls Network, Forward, Southall Black Sisters, Broken Rainbow and a range of other Pan-London services enable us to refer and signpost to the best service for each young person.

Tender's Youth Board is made up of twenty young people. All projects are developed in collaboration with them. We are working closely with foster parents and care leavers to develop our work, allowing us to ensure we recognise and respond to the needs of young participants.

"This work brings insight, empathy and resilience into the relationships between foster carer, young person and contact with non-abusive parent" (Dawn Howley, Tender practitioner who grew up in care)

The success of Tender's work is enhanced through dedicated volunteers who support in all areas of the organisation and who receive training and networking opportunities throughout their placements.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Tender is qualified to deliver CPD certified and OCN accredited training. We have achieved Project Oracle's Level 1 Standards of Evidence.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Training and development: 3 days training for 5 workshop leaders to enhance their work with vulnerable young people. 1 day of project development meetings with workshop leaders to tailor the project to the needs of the young people.

10 hours of workshops with 15 groups of vulnerable young people to help them to identify how healthy/unhealthy relationships have impacted their lives, improve their resilience to facilitate recovery from harm, decrease their vulnerability to future abuse

Training to support: Specialist training for up to 20 professionals or foster carers each year to help them to support looked after young people who have experiences of IPV. This training will provide a sustainable legacy for the project, embedding anti-abuse strategies into communities and homes

Evaluation meetings. At the end of each year, a full team evaluation meeting will take place to share feedback and learning from participants, youth workers, workshop leaders and staff. These will feed into Tender's national dissemination strategy, sharing best practice on working with vulnerable young people to address domestic abuse.

Sharing event: At the end of the project, participants and staff will work to produce a dissemination event targeted at professionals and at-risk young people to share the experiences of young people and best practice for preventing future harm.

will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment. 150 vulnerable young people have an increased ability to recognise abusive behaviours in their intimate relationships 150 vulnerable young people have improved knowledge of help seeking strategies for themselves or friends who are experiencing abuse 60 professionals and carers working with young people are better equipped to respond to domestic abuse and its intersection with multiple disadvantage including living in care, disability and discrimination based on race, gender or sexuality. 450 young people in the wider community are exposed to campaigns, performances and resources that send messages which challenge attitudes that tolerate abuse and lead victims to supportive services. Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy? This project will provide Tender with robust evaluation data and high quality educational resources which will help to leverage funding from Trusts and Foundations, local authorities and youth settings. We have positive relationships with a portfolio of funders who we will approach to continue support of this work.

What main differences or outcomes do you hope the activities you have described above

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
245
In which Creater Landon bereugh(s) as a second landon will be a landon with a landon bereugh (s) as a second landon landon bereugh (s) as a second landon
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (100%)
What age group(s) will benefit?
0-15
16-24
25-44
45-64
What gender will beneficiaries be?
AII
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
11-20%

# **Funding required for the project**

PLEASE SEE ATTHORED

MITHORED MOKE

SHECIFIC CETTINGS)

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Management costs	36,094	36,094	36,094	108,282
Project Development	6,750	5,048	5,048	16,846
Workshop facilitation	11,800	11,400	11,800	35,000
Travel	702	676	676	2,054
Venue Hire	150	0	1,000	1,150
Resources and equipment	3,500	2,500	3,000	9,000
Catering	0	0	500	500
Training	2,500	1,000	1,000	4,500
Overheads	6,150	5,572	5,812	17,534

Ì	TOTAL:	67,646	62,290	64,930	194,866	1
		02/010	0-,-50	0-1,000	15-1/000	ı

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
John Lyon's Charity	32,451	0	0	0
Hackney Council	1,143	1,143	0	0
BBC Children in Need	11,650	18,891	0	0

TOTAL:	45,244	20,034	0	0

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Waltham Forest Council	5,000	5,000	0	10,000
The Women's Foundation	0	15,000	0	15,000
Golden Bottle Bulldog Trust	0	15,000	15,000	30,000

- 1					
	TOTAL:	5,000	35,000	15,000	55,000

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Management Costs	2,500	27,500	27,500	57,500
Project Development	6,750	5,048	5,048	16,846
workshop facilitation	1,800	1,400	1,800	5,000
Travel	52	26	26	104
Venue hire	150	0	1,000	1,150
Resources and equipment	2,500	1,500	2,000	6,000
Catering	0	0	500	500
Training	2,500	1,000	1,000	4,500
Overheads	1,625	3,547	3,787	8,959

TOTAL:	17,877	40,021	42,661	100,559

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	613,738
Activities for generating funds	9,617
Investment income	1,044
Income from charitable activities	157,769
Other sources	0
Total Income:	782,168

Expenditure:	£
Charitable activities	743,482
Governance costs	18,194
Cost of generating funds	18,194
Other	0
Total Expenditure:	779,870
Net (deficit)/surplus:	2,298
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	2,298

Asset position at year end	£
Fixed assets	1,507
Investments	0
Net current assets	323,729
Long-term liabilities	0
*Total Assets (A):	325,236

Reserves at year end	£
Restricted funds	88,555
Endowment Funds	o
Unrestricted funds	236,681
*Total Reserves (B):	325,236

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 21-30%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

n/a

Page 70

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	187,172	148,233	68,318
London Councils	76,329	199,865	194,935
Health Authorities	64,489	49,465	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery - Reaching Communities	75,186	99,814	100,000
Paul Hamlyn Foundation	43,010	43,010	43,655
Tudor Trust	32,000	45,500	75,800
Trust for London	0	7,500	30,000
John Lyon's Charity	0	0	30,000

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Doireann Larkin

Role within **Development Manager** 

Organisation:

Grant Ref: 13456

(MORE DETRILED COSTINGS)

# Appendix 1:

YEAR ONE	TOTAL £	City Bridge Trust	Other £
Youth Engagement Manager (Full-time)	32,451	T.	32,551
Development Manager (1 day/week)	6,750	6,750	02,001
Finance Manager (3 days/month)	3,643	•	1,143
Development & Training (Artists)	3,076	•	.,
Resources	1,000	•	
Artists' costs: 50 sessions (2 artists/session @ £100)	10,000	•	10,000
Artists' Travel	650		650
Workshop Product Budget	2,500	1,500	1,000
Frontline Worker Support	1,000	1,000	•
Evaluation	426	426	
Overheads	<u>6,150</u>	<u>1,625</u>	<u>4,525</u>
TOTAL YEAR ONE	67,646	17,877	49,769
YEAR TWO	£	£	£
Youth Engagement Manager (Full-time)	32,451	25,000	7,451
Development Manager (3 days/month)	5,048	5,048	,,
Finance Manager (2 days/month)	3,643	2,500	1,143
Artists' costs: 50 sessions (2 artists/session @£100)	10,000	_,,	10,000
Artists' Travel	650		650
Workshop Product Budget	2,500	1,500	1,000
Training	1,000	1,000	·
Frontline Worker Support sessions	1,000	1,000	
Evaluation	426	426	
Overheads	<u>5,572</u>	<u>3,547</u>	2,024
TOTAL YEAR TWO	62,290	40,021	22,269
YEAR THREE			
Youth Engagement Manager (Full-time)	32,451	25,000	7,451
Development Manager (3 days/month)	5,048	5,048	•
Finance Manager (2 days/month)	3,643	2,500	1,143
Artists' costs: 50 sessions (2 artists/session @£100)	10,000		10,000
Artists' Travel	650		650
Workshop Product Budget	2,500	1,500	1,000
Training	1,000	1,000	
Frontline Worker Support sessions	1,000	1,000	
Evaluation	426	426	
Dissemination: Summit (venue and catering)	1,500	1,500	
Resources and equipment	500	500	
Artists' costs	400	400	
Overheads	<u>5,812</u>	<u>3,787</u>	<u>2,025</u>
TOTAL YEAR THREE	64,930	42,661	22,269

# The City Bridge Trust

# **Investing In Londoners: Application for a grant**



# **About your organisation**

Name of your organisation:						
Age UK London						
If your organisation is part of a larger organisation, what is its name?						
n/a						
In which London Borough is your organisatio	n based?					
Southwark						
Contact person:	Position:					
Ms Samantha Mauger	Chief Executive					
Website: http://www.ageuk.org.uk/london						
Legal status of organisation:	Charity, Charitable Incorporated Company or					
Registered Charity company number:1092198						
When was your organisation established? 24	/05/2002					

# **Grant Request**

Hadamakish stone but		
Under which of City Brid	ge Trust's programmes are you	applying?
	Older Londoners	<b>©</b> ?
Which of the programme	e outcome(s) does your applicat	ion aim to achieve?
Older Londoners aged	l 75 years and over living mo	ore active and healthier lives
Fewer older Londonei improved well-being	s aged over 75 years with de	epression and more reporting
Please describe the purp	ose of your funding request in o	one sentence.
in organisations, (scl	providing interactive, older nools, community, private) bug to 'one small change',	people-led shortburst sessions y recruiting volunteer Age
When will the funding be	e required? <b>01/04/2016</b>	
How much funding are y	ou requesting?	
Year 1: <b>£40,539</b>	Year 2: <b>£40,539</b>	Year 3: <b>£32,179</b>
Total: £113,257		

#### Aims of your organisation:

Age UK London raises the voice and addresses the needs of older Londoners. We work to improve the quality of life and enhance the status of older people across the Capital, building on our extensive links across all boroughs.

We aim to:

- Provide the London wide voice for our members and promote the interests of older people across London. To call for action and change through campaigns, research and engagement.
- Support older peoples organisations and older people though capacity building, obtaining funds and resources for service delivery at local level.
- Run an efficient enterprise operation which provides a good service for older people and which raises unrestricted funds for local Age UKs.
- Co-ordinate the regional voice and regional activity for the benefit of members of Age UK London with the Age England Association and with Age UK.

Age UK London is a charitable company limited by guarantee (no. 4407861).

## Main activities of your organisation:

Age UK London is a social policy, campaigning, capacity and development agency, tackling issues which affect older people. Together with local Age UK's, Age Concerns, older people's organisations and others, we work across London to address the needs of older people through:

- Promoting and representing the views of older Londoners
- Campaigning on issues that make a difference to older people by providing local and regional support to empower older people to put their concerns to decision makers to develop solutions for change.
- Research and social policy: demonstrating the needs and contributions of older people.
- Working with older people's organisations across London to enhance services.

Current main activities include a pan-London commissioned service to build the capacity of over 450 local older people's organisations in all London boroughs. We recently concluded a London-wide intergenerational digital inclusion programme funded by the Greater London Authority, and London regional influencing campaigns on issues including digital inclusion, transport and others.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
4	13	8	15

## Property occupied by your organisation

Leased	02/16. 12 year renewal agreed
Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?

#### **Summary of grant request**

#### Need

Age discrimination is prevalent. We consulted grass roots organisations in small groups and large-scale surveys. Findings were consistent with published research-older people experienced age-related problems accessing information, services and support and frequently, ageist attitudes. Practical issues (often compounded by physical disability) e.g. lack of internet access, computer skills, small print, lack of benches and building access, added to discrimination and disadvantage. Older people felt like second class citizens, often belittled or patronised, impacting on self-perception and wellbeing, and sometimes limiting their participation in their community.

#### Delivery

We will develop a shortburst interactive workshop programme with older people for groups of 5-30 people to help participants become 'Age Allies'. Workshops will be delivered by a Project Officer and local older people to statutory and private sector organisations, schools, service providers and relevant others across London and will outline major barriers faced by people as they age. Workshops will explore attitudes, helping participants understand issues faced, and how they can improve the older person's experience and wellbeing, through small changes in attitude and/or action. Participants will be asked to commit to making at least 'one small change' to improve life for older people.

The Project Officer will train and co-ordinate volunteers from the sessions to champion and disseminate the programme more widely with colleagues in their workplace or community. We will compile a London-wide map of organisations that commit to being Age Allies including the cumulative changes made, evaluating implementation success and impact on older people. We demonstrate these changes with policy makers across London to establish a wider movement for change.

#### **Achievements**

We will help the wider community across London understand older people need to be treated equally. We will change attitudes of people and organisations in London towards older people, supporting them to be more inclusive through making 'one small change'. We will improve the experience of daily life for older Londoners, by making it a friendlier and more welcoming place for them to get out and about, helping to maintain their wellbeing and reduce the risk of isolation. We will improve activity by ensuring they are able to access information and services like other sections of their community. Participating organisations will benefit from being more aware of the expectations of an ageing population and better able to tailor their services and support.

#### Age UK London

We know older people-we have extensive links with older people and more than 500 older people's organisations across London. We have a track record of engaging with schools, corporate and statutory organisations, and already have commitment to participate (see Activity 2). Our ability to recruit volunteers and to influence is strong-we recruited over 1350 volunteers from different sectors to participate in a recent digital inclusion project and have achieved outcomes through London-wide campaign such as changes to the Freedom Pass.

#### **Outcomes**

Changes to the community will make it easier for older people to go out, access services and be an equal part of the community. It will help to reduce the fear of going out experienced by many and will help to ensure older people remain active, are treated fairly and recognised as equal participants in the community, improving their daily experience, wellbeing and reducing the risk of depression.

#### **Good Practice**

Older people are fundamental to the workshop development, rollout and reporting-the project was developed in response to their needs. We work with people from all

backgrounds, routinely partnering with BAME and LGBT groups to ensure we reach London's diverse population. We have a strong track record in volunteer recruitment and commitment to reducing our carbon footprint, most recently participating in eco-audits.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

Age UK London holds ISO 9001 and 14001. We also hold the Age UK Organisational Quality Standard.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Development, with older people, of an interactive shortburst workshop programme, including examples and case studies, outlining the major barriers faced by people as they age for use in organisations. This will request participants to commit to at least one simple, change in their daily attitudes and/or actions towards older people.

Workshop delivery (at least 30 per year), with older people, to at least 30 organisations a year across London, in their offices where possible. The Greater London Authority, Lloyds Bank, Transport for London and London Councils have already committed to participate, if the project is able to go ahead.

Recruitment and training of at least 25 volunteer champions per year to reinforce, champion and further disseminate the workshop programme across their organisations and their partners. We will use our contacts e.g. Positive Ageing in London to support dissemination and organisational recruitment.

Evaluation and follow-up of all organisations attending the training to record and assess the cumulative local changes implemented by organisations and the impact this has had from the older person's perspective. Compilation of a London-wide map of organisations which are Age Allies and the number and nature of commitments made.

Dissemination of the changes implemented with stakeholders and policy makers across London to establish a wider movement for change

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

Older people will be able to use their experiences and opinions to co-design and co-deliver workshops on what would make a difference to them in their everyday lives and experiences. This will form the basis of the training to organisations in their local community.

Participants from at least 50 organisations across London will understand how their actions can positively (and negatively) impact on older people and will have made at least one change each to improve the experience for older people. An average of 20 people per workshop will result in 1000 changes made.

Older people across London will benefit from improvements in the attitudes and actions of organisations and individuals in their communities.

Local communities will be more accessible to older people, both in terms of attitudes towards them and in practical terms. These improvements will improve the confidence of older people and reduce the risk of inactivity and social isolation.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

Using a 'snowball' format approach, the programme will fund volunteer Age Champions who will be equipped to roll out the sessions for commitments to small changes to improve everyday living experiences for older Londoners. We will support them to roll the programme out to colleagues in organisations, helping to expand the project reach and reduce the need for further funding.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
1,200
In which Greater London borough(s) or areas of London will your beneficiaries live?
London-wide (100%)
What age group(s) will benefit?
65-74
75 and over
What gender will beneficiaries be?
AII
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
31-40%

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Officer 0.6FTE (including on costs)	21,500	21,500	16,125	59,125
Research and Campaigns (0.2 FTE including on costs)	6,180	6,180	4,635	16,995
Data collection, follow up, monitoring and evaluation	4,459	4,459	3,244	12,162
Desk costs, IT, stationary, postage, printing	4,700	4,700	3,525	12,925
Volunteer recruitment and expenses	600	600	450	1,650
Project expenses e.g. room hire, staff travel	2,200	2,200	1,650	6,050
Dissemination, publicity and communications	1,500	1,500	1,125	4,125
Evaluation	1,500	1,500	3,000	6,000
	0	0	0	0

TOTAL:	42.620	40.600	20 754	140.000
IOIAL	42,639	42,639	33,754	119,032
				1 -

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Legacies	2,500	2,300	2,300	7,100
TOTAL:	0	0	0	0

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
NONE	0	0	0	0
TOTAL:	0	0	0	0

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Officer 0.6FTE (including on costs)	21,500	21,500	16,125	59,125
Research and support Officer (0.2 FTE including on costs)	6,180	6,180	4,635	16,995
Data collection, follow up, monitoring and evaluation	4,459	4,459	3,244	12,162
Desk costs, IT, stationary, postage, printing	4,700	4,700	3,525	12,925
Volunteer recruitment and expenses	0	0	0	0
Project expenses e.g. room hire, staff travel	2,200	2,200	1,650	6,050
Dissemination, publicity and communications	0	0	0	0
External Evaluation/Impact Reporting	1,500	1,500	3,000	6,000
	0	0	0	0
TOTAL:	40,539	40,539	32,179	113,257

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended: Month: March Year: 2015	
---	--

Income received from:	£
Voluntary income	174,733
Activities for generating funds	1,050,099
Investment income	850
Income from charitable activities	354,722
Other sources	52,813
Total Income:	1,633,217

Expenditure:	£
Charitable activities	687,333
Governance costs	9,386
Cost of generating funds	53,550
Other	995,478
Total Expenditure:	1,745,747
Net (deficit)/surplus:	(112,530)
Other Recognised Gains/(Losses):	36,109
Net Movement in Funds:	(76,421)

Asset position at year end	£
Fixed assets	2,072
Investments	985,453
Net current assets	33,254
Long-term liabilities	0
*Total Assets (A):	1,020,779

Reserves at year end	£
Endowment funds	0
Restricted funds	0
Unrestricted funds	1,020,779
*Total Reserves (B):	

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? (2015/16 ) 20%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts: No significant changes

## **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	10,000	54,678
London Local Authorities	0	0	0
London Councils	289,835	229,668	155,077
Health Authorities	68,261	0	0
Central Government departments	0	0	0
Other statutory bodies	301,897	72,859	24,000

#### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Big Lottery	720,752	99,482	0
Trust for London	0	13,750	27,500
Nationwide	10,000	10,000	0
Text Santa	0	0	9,480
	0	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Samantha Mauger

Role within **Chief Executive** 

Organisation:

Grant Ref: 13278

This page is intentionally left blank

# The City Bridge Trust

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:			
Lewisham Refugee and Migrant Network			
If your organisation is part of a larger organisation, what is its name?			
In which London Borough is your organisation based?			
Lewisham			
Contact person:	Position:		
Ms Rosario Guimba-Stewart	Director		
Website: http://www.lrmn.org.uk			
Legal status of organisation:			
Registered Charity	company number:1058631		
When was your organisation established? 12	2/10/1991		

## **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

Reducing Poverty

Which of the programme outcome(s) does your application aim to achieve?

More people accessing debt and legal services

More Londoners with improved economic circumstances

Please describe the purpose of your funding request in one sentence.

To provide specialist Housing advice to people living in LB Lewisham through outreach at a range of organisations providing better access to advice.

When will the funding be required? 01/04/2016

How much funding are you requesting?

Total: £148,646

Year 1: **£47,754** 

Year 3: £53,095

Year 2: **£47,797** 

#### Aims of your organisation:

LRMN's missions statement is "Empowering refugees, asylum seekers and migrants to improve their quality of life by providing culturally sensitive support, advocacy and capacity development to individuals and organisations". However, we are bidding for this project as the lead of a partnership bid for Advice Lewisham partners. Advice Lewisham is the network of free advice providers in LB Lewisham and our aims as a group are to - promote, develop and maintain quality of information, advice and advocacy provision to benefit the people of Lewisham and surrounding areas; promote and develop collaborative working in the delivery of information, advice and advocacy services amongst voluntary and community sector organisations and champion the needs for information, advice and advocacy services with key decision makers. Our aim through this project is to provide better access to high quality specialist Housing advice to people living in LB Lewisham.

#### Main activities of your organisation:

One of the main activities of LRMN is information and advice service and we offer free, independent and confidential advice and information on immigration (OISC level 3), welfare benefits, debt, health, homelessness, housing and education in Lewisham and neighbouring boroughs.

We also provide counselling and therapeutic support to refugee and asylum seeking women who are survivors of trauma, often gender-based. This includes trafficking, domestic violence, rape, forced marriage, female genital mutilation (FGM) and others. Our approach is holistic, looking at the development of the women, and their children, both emotionally and in their day to day practical life.

LRMN also supports young refugee and migrant carers through provision of Homework club and promoting and addressing their issues and their families.

We provide emergency food, clothes and cash to clients who have no recourse to public funds.

In addition, we run weekly ESOL and Literacy classes.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
2	8	10	20

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	5 years

#### **Summary of grant request**

We are applying for funding for 2 part time specialist Housing Advisers to provide advice at LRMN and through outreach at the offices of the 8 main free advice providers in LB Lewisham making up the Advice Lewisham network, including Lewisham CAB, Lewisham Multi Lingual Advice Service, Carers Lewisham, Age UK Lewisham and Southwark, 170 Community Project, Evelyn 190 and Lewisham Disability Coalition, along with LRMN. All agencies welcome people from all backgrounds and value diversity and we actively target our services at hard to reach groups.

The advisers will be employed by LRMN but will also see clients at other Advice Lewisham partners' offices on an appointment basis, meaning the service is taken to the client. In some recent research we did, clients said they preferred to have services provided locally to them where they knew and could trust.

The level of demand for advice is growing in Lewisham and we are faced with funding cuts. This year agencies had an average of 10-20% funding cut and we are currently undergoing an advice review with the Local Authority to look at how demand can be met with further cuts we face. Although demand for housing advice is huge, we currently have only 2 specialist Housing advisers for the whole borough. We have volunteer advisers through the network but need specialist advisers to meet demand.

Lewisham is ranked 13th out of all local authorities in Great Britain in terms of population density, with 7,850 people per km2 (ONS, 2012). Private rental has increased to 24% in 2011, a rise of 10% from 2001. 31% residents are now in council or social tenancy, a fall from 36%. The ONS Occupancy rating suggests that 22% of homes are overcrowded, rising by 5% from 2001 (ONS, 2011). New Cross and Evelyn are the most overcrowded wards (London's Poverty Profile, 2015).

35,500 claimants were in receipt of housing benefit at the end of the year (Shelter, 2015B), compared to 30,000 in 2008 (DWP, 2013). One survey showed that 39% of residents receiving benefits were in rent arrears (LB Lewisham, 2014). Repossessions in the borough have risen. Possession orders (including suspended orders) have doubled in the past ten years, at 496 in the third quarter of 2014, whilst 623 possession claims were issued in the same quarter (Shelter, 2015C). 768 households were identified as homeless and in priority need last year, whilst 2,800 children were living in temporary accommodation at the start of 2015 (Shelter, 2015E).

We aim to provide accessible high quality advice to the most vulnerable people and to promote early intervention by increasing the level of advice available, ensuring more people access debt and legal advice. This should, in turn, lead to more Londoners with improved economic circumstances. We aim to reduce the number of people facing homelessness by providing more clients with advice regarding rent arrears, possession hearings and evictions. We will also aim to improve the health and well-being of clients by assisting them with improving their housing conditions where there are issues related to disrepair. With so many clients living in private rented accommodation, many clients have problems related to obtaining tenancy agreements and we will aim to raise their awareness in terms of their rights as tenants through the private housing sector.

We believe that we are the right organisation to deliver this work as we have proven experience of providing high quality advice and are also able to work closely with the other Advice Lewisham partners to provide an accessible, high quality service. We are taking steps to reduce our carbon footprint along with the other partners.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

**Advice Quality Standard** 

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

We will provide specialist Housing advice appointments to clients through at least 5 different locations across LB Lewisham

We will provide 264 appointments through the 2 adviser roles each year

We will provide specialist Housing Advice on issues related to rent and mortgage arrears, eviction, housing disrepair and other housing related issues.

We will identify Social Policy issues related to Housing which are affecting people living in London Borough of Lewisham and work with the Advice Lewisham partnership to seek changes in policies and practices for the benefit of our clients.

Provide interpreters for clients who have English as a second language as we recognise language can often be a barrier to some client seeking advice.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

People will have better access to specialist Housing Advice services which should enable people to get access to the advice they need at an early stage.

55 people will not lose their homes through possession action related to rent arrears per year, meaning more people are able to stay in their homes through the provision of high quality advice resulting in improved health and well-being.

Average of 20% reduction in the level of rent arrears our clients have by ensuring they are receiving the correct level of Housing Benefit and other benefits enabling them to pay their rent more effectively.

60% of client seen through the project report improved health and well-being through the provision of high quality advice and assistance on issues related to housing disrepair and poor housing conditions.

60% of clients seen through the project report improved economic circumstances through the provision of high quality Housing advice and access to debt and legal services.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will be looking for continued funding so that we can continue the work we start with this project but we do not have any funding secured at the moment.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
264
In which Greater London borough(s) or areas of London will your beneficiaries live?
Lewisham (90%)
Greenwich (5%)
Southwark (3%)
Bromley (2%)
What age group(s) will benefit?
16-24
25-44
45-64
65-74
75 and over
What gender will beneficiaries be?
All
What will the address are to (2) of the land
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other other group, planes give detaile.
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
11-20%

Subsequently revised -

# Funding required for the project

## What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries - Housing Advisers x 2 (3 days/week)	37,284	38,623	39,803	115,710
NJC pt 28-30 + 4%pension + NIC and cost of				
living				
Staff Training	600	600	600	1,800
Staff Travel	500	500	500	1,500
Set up including recruitment, CRB/DBS,	2,300	1,000	1,000	4,300
publications, Advisernet and laptop				
Interpreter - £10/hour/week x 52 weeks	520	520	520	1,560
Management, Finance and Admin Costs	4,120	4,124	4,242	12,486
Building Costs (rent, insurance, heating,	1,349	1,349	1,349	4,047
lighting, cleaning)				
Office Costs	1,081	1,081	1,081	3,243
Outreach	4,000	4,000	4,000	12,000

101AL:   47,754   47,757   53,055   148,646	TOTAL:	47,754	47,797	53,095	148,646
---	--------	--------	--------	--------	---------

### What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
				-
TOTAL:	0	0	0	0

## What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
	0	0	0	0
TOTAL:	0	0	0	0

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salaries - Housing Advisers x 2 (3 days/week)	37,284	38,623	39,803	115,710
NJC pt 28-30 + 4%pension + NIC and cost of				
living				
Staff Training	600	600	600	1,800
Staff travel	500	500	500	1,500
Set up including recruitment, CRB/DBS,	2,300	1,000	1,000	4,300
Advisernet, subscriptions and laptop				
Interpreter - £10/hour/week x 52 weeks	520	520	520	1,560
Management, Finance and Admin Costs	4,120	4,124	4,242	12,486
Building Costs (rent, insurance, heating,	1,349	1,349	1,349	4,047
lighting, cleaning)				

Office Costs	1,081	1,081	1,081	3,243
Outreach	4,000	4,000	4,000	12,000

TOTAL:	47,754	47,797	53,095	148,646

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	9,329
Activities for generating funds	633
Investment income	224
Income from charitable activities	359,150
Other sources	o
Total Income:	369,336

Expenditure:	£
Charitable activities	318,690
Governance costs	3,012
Cost of generating funds	1,123
Other	0
Total Expenditure:	322,825
Net (deficit)/surplus:	46,511
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	46,511

Asset position at year end	£
Fixed assets	6,425
Investments	0
Net current assets	253,319
Long-term liabilities	0
*Total Assets (A):	259,744

Reserves at year end	£
Restricted funds	113,573
Endowment Funds	0
Unrestricted funds	146,171
*Total Reserves (B):	259,744

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 21-30%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

N/A

Grant Ref: 13144

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	96,178	99,685	93,743
London Councils	0	0	0
Health Authorities	29,185	24,972	24,600
Central Government departments	0	0	0
Other statutory bodies	0	0	0

### **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Henry Smith Charitable Trust	39,500	40,000	40,000
Comic Relief	46,893	38,537	29,696
Trust for London	13,125	21,875	10,000
Deptford Challenge Trust	0	13,355	13,355
	0	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Rosario Guimba-Stewart

Role within **Director** 

Organisation:

APPONDIX A REDUEST

Staffing Costs	Year 1	Year 2	Year 3	m		
Salaries - Housing Adviser (35 hours/week) NJC pt 28-30 +						
4%pension + NIC and cost of living	31720		32860	33865	98445	
Staff Training	ñ	300	300	300	006	
Staff Travel	ñ	300	300	300	006	
CRB/DBS		64			64	
Direct Project Costs						
Recruitment	m	350			350	
Interpreter - £10/hour/week x 52						
weeks	ī	520	520	520	1560	
Indirect Costs						
Management, Finance and Admin						
Costs (10%) LRMN	3417		3498	3598	10513	
Building Costs (rent, insurance,						
(D) heating, lighting, cleaning)	1349		1349	1349	4047	
S Office Costs	1081		1081	1081	3243	
TOTAL Project Cost	39101	01 39908	800	41013	120022	

REVISED BUDGET

This page is intentionally left blank

# The City Bridge Trust

# Investing In Londoners: Application for a grant



## **About your organisation**

Name of your organisation:							
The Hackn	ey Foodbank						
If your organisation is part of a larger organi	sation, what is its name?						
In which London Borough is your organisation based?							
Hackney							
Contact person:	Position:						
Miss Elizabeth Cucco	Project Manager						
Website: http://www.hackney.foodbank	.org.uk						
Legal status of organisation:	Charity, Charitable Incorporated Company or						
Registered Charity	company number: 1149896						
When was your organisation established? 01	/01/2012						

# **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

## **Reducing Poverty**

Which of the programme outcome(s) does your application aim to achieve?

**Fewer Londoners experiencing food poverty** 

More people accessing debt and legal services

Please describe the purpose of your funding request in one sentence.

This request will ensure Foodbank's stability by funding the vital role of Foodbank Project Manager and contributing to the running of our main premises.

When will the funding be required? 07/04/2016

How much funding are you requesting?

Year 1: **£48,750** Year 2: **£57,100** Year 3: **£57,430** 

Total: £163,280

#### Aims of your organisation:

Hackney foodbank exists:

- to provide relief to individuals and families in crisis in Hackney and surrounding areas through the provision of emergency food supplies either directly or through approved partner agencies
- to provide physical, mental and spiritual support either directly or by referral to approved partner agencies to enable the service users to avoid future crises.

We are passionate about ensuring that members of our local community no longer go hungry in time of crisis.

#### Main activities of your organisation:

Hackney foodbank provides a coordinated response to food poverty and operates in partnership with local churches and the local public, private and voluntary sector.

Via a strict voucher system, individuals in crisis are referred by care professionals to a volunteer-run foodbank centre, where they receive 3 days' worth of emergency food supplies tailored to suit their needs. This guarantees households will not go hungry while seeking out a sustainable solution to a crisis or awaiting a statutory benefit which has been delayed. Provision is limited to 3 instances, with most clients using the service once or twice. In addition to the food, signposting services are offered, further ensuring individuals are accessing the most appropriate support available.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
0	3	5	50

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	2 years

## **Summary of grant request**

Hackney borough is historically an area of high levels of deprivation with high levels of unemployment and significant numbers of vulnerable residents. Figures for 2013 and 2014 estimate that 41% of children in the Hackney constituency are living in poverty (www.endchildpoverty.org.uk). Hackney foodbank (HFB) opened in September 2012 to increase provision for such households by provide emergency food supplies for local residents in temporary crisis.

HFB's primary objective is to ensure that no one in Hackney goes hungry in a time of crisis. HFB has so far helped over 8,200 people by proving short term support in the form of food parcels. Clients are referred to one of our four volunteer-lead foodbank centres by care professionals and receive three days' emergency food for themselves and their families.

Changes to the social security system which have been brought about through the 2012 Welfare Reform Act have had a significant impact on food poverty. Anecdotal information indicates a significant percentage of HFB clients lack awareness of, or access to, vital services which can help them through their crisis.

Two 2014 reports into foodbanks not only highlight the significance of critical emotional and social support that foodbanks provide clients, but also identify the need for foodbanks to coordinate effectively with other social services and agencies. Foodbanks have an important role to play in signposting advice and support services for clients, in order to provide longer term solutions to the underlying causes of crisis.

Next year, HFB plans to increase the number of foodbank centres in Hackney to five with a centre opening on Fridays, and longer term plans would see the foodbank being accessible every day of the week. We also plan to increase the positive impact of all the centres by training and resourcing foodbank centre volunteers to be able to signpost clients to advice and support services which help empower them to tackle the underlying causes of their crisis and end the social isolation many experience as a result of poverty.

We are proud that HFB has grown out of, and is rooted in the local community. The board of Trustees drawn largely from the local community and works in line with Trussell Trust operating principles. Our project manager oversees a paid staff of two and a team of over 60 regular volunteers (many of whom are former clients) clocking around 8,000 volunteer hours to deliver this vital community service. Together, in the last year alone, this team collected and distributed over 25 tonnes of donated food stocks, feeding more than 3,000 individuals.

Focusing on enabling local people to help each other, HFB works in partnership with over 200 local charities, services, institutions and community groups and in addition to our regular volunteers, has mobilised over 100 casual volunteers to help with food drives and big projects. The promised lower benefit caps and soaring rental costs will have a significant impact on the cost of living for the poorest families in Hackney borough and we expect that HFB's services will remain in demand for a number of years.

Over the next three years therefore, we want to build the effectiveness and sustainability of Hackney foodbank by:

- coordinating more effectively with advice and support services targeting Hackney citizens, to provide a better package of services to clients
- focusing on growing relationships with local businesses and companies in order to build an active supporter network that fund and resource the foodbanks in their neighbourhood, and
- cultivating existing relationships with large corporations into significant funding partnerships which connect multinational companies to issues in their communities and build a secure funding platform

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

An annual Quality Assurance Audit is carried out by Trussell Trust.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Open two more foodbank centres in Victoria and (potentially) Hackney Downs wards; mobilising 20-30 new volunteers. Funding the programme manager and contributing to the main premises costs for 3 years will enable us to realise our ambition to ensure full borough coverage and increase accessibility for clients.

Build the capacity of our current network of 160+ advice and support services focused on the Hackney borough. Developing key partnerships to provide drop-in services at the foodbank centres (e.g. debt crisis advice), streamlining processes, bridge building, and running two networking and information events for service leaders a year.

Improve Foodbank Centres' uniform quality by ensuring each has (1) key volunteers trained in signposting and listening skills (2) children's play areas (3) information hubs with material about local clubs, social groups, and free activities as well as advice agencies (4) free hot meals available.

Development and roll out of 'funding circle' initiative. Build and maintain relationships between Hackney foodbank and local businesses and organisations, with at least 50 local businesses actively supporting and giving to foodbank annually.

Grow and develop two significant corporate funding partners over the next three years; through nurturing current relationships and developing new ones. Annual activities include running corporate volunteering days, partnering as companies' charity of the year, producing glossy reports and marketing materials etc.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

2,000 more families and individuals facing food poverty in the Hackney area receive food parcels and support through the new centres over the next 3 years, in addition to the estimated 5,100 households we estimate we will serve at our current level of provision.

Decrease wait-time between crisis and relief and catching a larger number of individuals falling through the social safety net by pointing them onto appropriate statutory support. This will lead to increases in wellbeing, decreases in hidden poverty, and speedier resolutions to crises in Hackney.

Improving the uniformity of our centres and providing additional services; clients will have a similar, positive experience irrespective of the centre they attend. Clients will leave the foodbank feeling empowered, understood, and appreciated - we believe the 'little touches' make a big difference.

Hackney foodbank builds a sustainable business model through being rooted in and supported by the local community of Hackney. Local business and organisations are closely linked to the foodbank's activities and provide regular financial support and food stocks to support those facing food crisis in their neighbourhood.

Hackney foodbank has sustainable and secure longer term financing to be able to invest in new initiatives e.g. developing a social enterprise or invest in premises. We will be financially stable and will no longer be reliant on small/short term grants to cover the day to day running costs.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

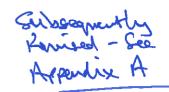
We do plan for the work to continue, and will continue to fund it with a combination of grants, sponsorship and giving. We are also exploring potential options for raising hard money from social enterprise activities (charity shop/cafe/workshops etc)

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?
3,200
In which Greater London borough(s) or areas of London will your beneficiaries live?
Hackney (90%)
Several NE London (10%)
What age group(s) will benefit?
All ages
What gender will beneficiaries be?
All
What will the ethnic grouping(s) of the beneficiaries be?
A range of ethnic groups
If Other ethnic group, plance give detaile.
If Other ethnic group, please give details:
What proportion of the beneficiaries will be disabled people?
21-30%

# Funding required for the project



# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager Salary (including NI, Pension, Payroll Fees)	35,150	36,200	36,530	107,880
Administration (General office expenses + Administrator)	17,250	19,800	24,800	61,850
Equipment (Upgrades and new software ilcenses)	650	100	100	850
Facilities (inc. Utilities)	27,210	41,840	41,840	110,890
Training	500	500	500	1,500
Transport (To conferences etc)	60	65	70	195
PR Materials & Events	2,500	2,500	2,500	7,500
	0	0	0	0
	0	0	0	0

TOTAL:	83,320	101,005	106,340	290,665	1

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Hackney Council Grant	10,000	0	0	10,000
Hackney Parochial Charities	10,000	10,000	0	20,000
	0	0	0	0
	0	0	0	0

TOTAL:	10,000	0	0	30,000
--------	--------	---	---	--------

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Hackney Council	20,000	30,000	0	50,000
Hackney Council	0	0	0	0
We are hoping to raise remaining funds from event fundraising and crowd sourcing.	0	0	0	0
	0	0	0	0

TOTAL:	20,000	30,000	0	50,000

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager Salary	35,150	36,200	36,530	107,880
Facilities	13,600	20,900	20,900	55,400
	0	0	0	0

TOTAL:	48,750	57,100	57,430	163,280
	-,			

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	December	2014

Income received from:	£
Voluntary income	102,515
Activities for generating funds	2,431
Investment income	64
Income from charitable activities	o
Other sources	363
Total Income:	105,373

Expenditure:	£
Charitable activities	71,854
Governance costs	3,699
Cost of generating funds	o
Other	0
Total Expenditure:	75,553
Net (deficit)/surplus:	29,820
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	29,820

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	51,691
Long-term liabilities	0
*Total Assets (A):	51,691

Reserves at year end	£
Restricted funds	0
Endowment Funds	0
Unrestricted funds	51,691
*Total Reserves (B):	51,691

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 21-30%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

Mid-2014 we recruited a new administrator at a slightly higher salary (20k pro-rata instead of 18k) and increased the hours from 18 to 25. We did not raise as much as anticipated in 2015 and had to dip into our reserves. We are in the process of re-building our reserves through increased individual giving.

Grant Ref: 13205 Page 102

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	30,000	30,000
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	0
Other statutory bodies	0	0	0

#### Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Church and Community Fund	10,000	0	0
Hackney Parochial Charities	0	5,000	10,000
West Hackney Parochial Charities	5,000	0	5,000
South Hackney Parochial Charities	2,500	5,000	0
Church Urban Fund	2,500	0	0

#### **Declaration**

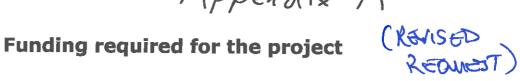
I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Elizabeth Anne Cucco

Role within **Project Manager** 

Organisation:

Appendix A



# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager Salary (including NI, Pension, Payroll Fees)	35,150	36,200	36,530	107,880
Administration (General office expenses + Administrator)	17,250	19,800	24,800	61,850
Equipment (Upgrades and new software licenses)	650	100	100	850
Facilities (inc. Utilities)	27,210	41,840	41,840	110,890
Training	500	500	500	1,500
Transport (To conferences etc)	60	65	70	195
PR Materials & Events	2,500	2,500	2,500	7,500
	0	0	0	0
	0	0	0	0

TOTAL: 83,320 101,005 106,3	,340 290,665
-----------------------------	--------------

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Hackney Council Grant	10,000	0	0	10,000
Hackney Parochial Charities	10,000	10,000	0	20,000
	0	0	0	0
	0	0	0	0

				_
TOTAL:	10,000	0	0 30,000	
	,	_	0 00,000	

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Hackney Council	20,000	30,000	0	50,000
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	20,000	30,000	0	50,000

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Project Manager Salary	35,150	36,200	36,550	107,900
Associated Costs	2,300	2,350	2,400	7,050

TOTAL:	37,450	38,550	38.950	114,950
	,	,	,	

# **The City Bridge Trust**

# **Investing In Londoners: Application for a grant**



## **About your organisation**

Name of your organisation:				
Spark	k Inside			
If your organisation is part of a larger organi	sation, what is its name?			
Spark Inside				
In which London Borough is your organisatio	n based?			
Camden				
Contact person:	Position:			
Ms Baillie Aaron	Founder & CEO			
Website: http://www.sparkinside.org				
Legal status of organisation:	Charity, Charitable Incorporated Company or			
Registered Charity company number: 1148420				
When was your organisation established? 09/03/2012				

## **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

#### **Resettlement and Rehabilitation of Offenders**

Which of the programme outcome(s) does your application aim to achieve?

More ex-offenders successfully and sustainably resettled in the community and re-offending rates reduced

Please describe the purpose of your funding request in one sentence.

We hope City Bridge will support our 'Through the Gate' life coaching programme, enabling 750 young Londoners to successfully resettle in the community (reducing re-offending).

When will the funding be required? 06/01/2016

How much funding are you requesting?

Year 1: £40,000 Year 2: £40,000 Year 3: £40,000

Total: £120,000

#### Aims of your organisation:

Spark Inside is revolutionising youth rehabilitation as the first and only provider of professional life coaching to young people involved in the criminal justice system in the UK. We were founded in 2012 and support the most prolific, highest-risk young people aged 15 to 25 who are involved in the criminal justice system, to proactively create more fulfilling and productive futures, primarily in London and the South-East of England.

#### Main activities of your organisation:

Spark Inside offers the Hero's Journey coaching workshops and one-to-one life coaching to reduce reoffending and institutional violence. An independent evaluation of Spark Inside's Hero's Journey Violence Reduction programme (which ran between 2014 and 2015) with 134 young adults in prison found that six months after clients had been released from custody, only 8% reoffended - compared to the national reoffending rate for young people leaving prison of 73%.

We have grown rapidly since our pilot programme where we supported 8 young people to move from custody to the community in 2013/14. Last year, we coached nearly 150 young people in prison. In 2016/17 we aim to work with 200 young people in prison (with the aim of increasing this to 250 in 2017/18). We currently have relationships with 8 prisons, including Feltham and Cookham Wood Young Offenders Institutions and Wormwood Scrubs, Pentonville and Wandsworth prisons.

#### Number of staff

Full-time:	Part-time:	Management committee members:	Active volunteers:
6	2	8	20

#### Property occupied by your organisation

rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Leased	23 more months (til Jan 2018)

Spark Inside is applying to the City Bridge Trust for £120,000 over 3 years towards its London-based, one-to-one through-the-gates life coaching programmes for high-risk young offenders. This work will meet City Bridge's programme outcomes, as it will enable more young people leaving prison to successfully resettle in the community and will significantly reduce re-offending rates. The project meets the City Bridge Trust's 'Principles of Good Practice' e.g. we involve service-users in service management through our Youth Advisory Board; we welcome people of all backgrounds and value diversity (e.g. 14% of our staff team/trustees and 36% of our life coaches are from black and minority ethnic backgrounds); we value and support our 20 active volunteers; and we are taking steps to reduce our carbon footprint e.g. by supporting cycling or taking public transportation to work; recycling; keeping a nearly-paperless office; and limiting the unnecessary use of electricity.

We work with the hardest-to-reach young people in the criminal justice system. These young people are marginalised, vulnerable and face complex issues. E.g. 95% suffer mental ill-health; 42% have been in care; 40% have experienced abuse/neglect; and many experience unemployment and/or poor education. Youth offending is estimated to cost up to £19 billion/year with a one-year place at a Young Offender Institution priced at £60,000. Despite these high costs, in London 62.6% of young people reoffend within one year of release from prison -- even though the majority want to stop offending. It is clear that current interventions are not effectively channelling young people's motivation to change, sentencing many to a lifetime of worsening disadvantage and offending behaviour.

We intend to change this using life coaching, which has been shown to reduce reoffending e.g. a Canadian programme, PACT, which life coaches prolific young offenders found that 43% of participants did not re-offend during the year-long intervention. Life coaching also successfully addresses the wider issues facing young offenders (e.g. drug/alcohol use, depression, stress, poor self-esteem; and leads to people with criminal convictions securing employment/training). Specifically, over 3 years we will deliver 150 workshops in prisons to 750 young Londoners, of whom 187 will receive 'Through the Gate' one-to-one life coaching, both prior to release and once back in London. We expect this will enable young people to successfully transition to life in the community, with young people making better choices, engaging in employment, education and/or training and ultimately reducing reoffending.

Spark Inside is the right organisation to deliver the work. We are the only UK organisation providing life coaching to young people leaving prison. Founded in 2012, our pilot results are promising: the national reoffending rate for young offenders one-year post release is 73%: it was 12.5% in our initial pilot. Furthermore, at the end of the pilot all clients were pursuing/actively engaged in, education/employment/training. We also have an experienced leadership team. Our Founder and CEO, Baillie Aaron, has a Masters in Criminological Research, founded a US non-profit teaching entrepreneurship in prisons and is a qualified Life Coach. Our Programme Director, Lola Fayemi, is an experienced recovery and Life Coach, and our programme is delivered by qualified and experienced life coaches. Spark Inside benefits from the strategic advice of experienced trustees and advisors (e.g. Roma Hooper and Judge Peter Lodder QC). We have a Youth Advisory Board, composed of young people who have been directly/indirectly involved in the criminal justice system, who meet monthly to develop Spark Inside's services, ensuring service users are central to our work. Finally, in recognition of our innovative and ground-breaking work, Spark Inside won the 2014 National Charity Innovator Award and was shortlisted for the 2013 Youth Justice Evidence Award.

If you need any planning or other statutory consents for the project to proceed, what stage have the applications reached?

Do you have a Vulnerable Adults policy? Yes

What Quality Marks does your organisation currently hold?

We are working toward Institute of Leadership & Management (ILM) accreditation.

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

Recruiting 1,500 young people aged 15-24 in prison, targeting those who have a high risk of reoffending, are due to be released back to the London area within 6 months, and who need support to transition to community life.

Offering 150 3-part Hero's Journey group coaching workshops over 3 years to motivate up to 750 young people in prison to gain awareness of their current situation and choices; become more motivated and empowered to make positive life changes; and to desist from offending.

Offering 2,250 one-to-one life coaching sessions in total to 187 high-risk young offenders 'through the gates' of prison over 3 years to support them with resettlement; engagement in education, employment and training opportunities; and to reduce re-offending.

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

At least 75% of clients completing the programme will have improved problemsolving/decision-making skills (including reduced impulsivity) within 1 year of the programme.

At least 75% of clients completing the programme will have become more resilient and confident within 1 year of the programme.

The reoffending rates of clients completing the programme will be 40% lower than the national average.

At least 75% of clients completing the programme will be will be engaged in, and have positive attitudes towards, employment, education or training within 1 year of the programme.

At least 75% of clients completing the programme will have wider and more positive social relationships and exhibit more pro-social behaviour (e.g. increased care and empathy) within 1 year of the programme.

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will continue providing 'Through the Gate' support for young Londoners in the long-term. We expect costs will be met through government/prison contracts. However, first we need to scale up to demonstrate a larger-scale reduction in youth offending (necessary to secure these contracts). We are approaching funders, including the City Bridge Trust, to raise the funding needed for this.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?							
250							
In which Greater Lendon berough(s) or prope of Lendon will your beautiful.							
In which Greater London borough(s) or areas of London will your beneficiaries live?  London-wide (100%)							
What age group(s) will benefit?							
0-15							
16-24							
What gondor will handicipries ha?							
What gender will beneficiaries be?							
All							
What will the ethnic grouping(s) of the beneficiaries be?							
A range of ethnic groups							
If Other ethnic group, please give details:							
What proportion of the beneficiaries will be disabled people?							
71-80%							
<u> </u>							

# Subsequently removed - see Appendix A

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Total Direct Programme costs	249,856	247,317	292,006	789,179
Total Infrastructure costs (e.g. rent, utilities, insurance).	26,591	25,965	40,365	92,921
Total Staff Costs	232,869	300,521	305,521	838,911
Total Consultancy	10,640	10,640	10,640	31,920
Total Marketing and Fundraising	17,480	17,480	17,480	52,440
Contingency (7.5%)	40,974	47,798	52,604	141,376
	0	0	0	0
	0	0	0	0
	0	0	0	0

TOTAL:	578,410	649,721	718,616	1,946,74

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Grant or contract income	226,000	170,000	40,000	436,000
Funding brought forward from 2015/16	150,000	0	0	150,000
	0	0	0	0

TOTAL:	376,000	170,000	40,000	586,000	

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Statutory (e.g. South London Resettlement Consortium)	100,000	0	0	100,000
Porticus	100,000	0	0	100,000
Comic Relief	30,000	35,000	35,000	100,000
Other trusts (Children in Need, Paul Hamlyn Foundation)	70,000	70,000	40,000	180,000

TOTAL: 300,000	105,000	75,000	480,000
----------------	---------	--------	---------

# How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
Total Staff Costs (specifically the CEO role)	20,000	20,000	20,000	60,000
Total Infrastructure costs	15,000	15,000	15,000	45,000
Total Consultancy	5,000	5,000	5,000	15,000
	0	0	0	0
	0	0	0	0

TOTAL:	40,000	40,000	40,000	120,000

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	81,033
Activities for generating funds	0
Investment income	784
Income from charitable activities	252,415
Other sources	0
Total Income:	334,232

Expenditure:	£
Charitable activities	176,405
Governance costs	3,624
Cost of generating funds	0
Other	0
Total Expenditure:	180,029
Net (deficit)/surplus:	154,203
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	154,203

Asset position at year end	£
Fixed assets	0
Investments	0
Net current assets	201,448
Long-term liabilities	0
*Total Assets (A):	201,448

Reserves at year end	£
Restricted funds	26,810
Endowment Funds	0
Unrestricted funds	174,638
*Total Reserves (B):	201,448

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 21-30%

#### Organisational changes

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Page 112

#### **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	0	0	0
Health Authorities	0	0	0
Central Government departments	0	0	76,194
Other statutory bodies	5,000	1,600	10,850

## **Previous grants received**

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder		2012 £	2013 £	2014 £
Triangle Trust	0	0	40,00	0
Esmee Fairbairn Foundation	0	0	30,00	0
Big Lottery Fund	0	10,000	10,00	0
Rayne Foundation	0	0	20,00	0
UnLtd	2,500	20,000	10,00	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Baillie Aaron

Role within Founder and CEO

Organisation:

Appendix A (Roman Romers)

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Total Direct Programme costs	249,856	247,317	292,006	789,179
Total Infrastructure costs (e.g. rent, utilities, insurance).	26,591	25,965	40,365	92,921
Total Staff Costs	232,869	300,521	305,521	838,911
Total Consultancy	10,640	10,640	10,640	31,920
Total Marketing and Fundraising	17,480	17,480	17,480	52,440
Contingency (7.5%)	40,974	47,798	52,604	141,376
	0	0	0	0
	0	0	0	0
	0	0	0	0

	578,410	649,721	718,616	1,946,74
--	---------	---------	---------	----------

## What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
Grant or contract income	226,000	170,000	40,000	436,000
Funding brought forward from 2015/16	150,000	0	0	150,000

i				
TOTAL:	376,00	170,000	40,000	586,000

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
Statutory (e.g. South London Resettlement Consortium)	100,000	0	0	100,000
Porticus	100,000	0	0	100,000
Comic Relief	30,000	35,000	35,000	100,000
Other trusts (Children in Need, Paul Hamlyn Foundation)	70,000	70,000	40,000	180,000

TOTAL:	300,000	105,000	75,000	480,000
--------	---------	---------	--------	---------

## How much is requested from the Trust?

Expenditure heading	Year 1	Year 2	Year 3	Total
CEO Salary Contribution	20,000	20,000	20,000	60,000
Rent	4,891	4,891	4,891	14,673
Legal, Accountancy, IT, Website	5,109	5,109	5,109	15,328

TOTAL:	30,000	30,000	30,000	90,000

# **The City Bridge Trust**

# Investing In Londoners: Application for a grant



# **About your organisation**

Name of your organisation:					
Inclusion London					
If your organisation is part of a larger organi	sation, what is its name?				
Charitable Company limited by Guarantee					
In which London Borough is your organisatio	n based?				
Lambeth					
Contact person:	Position:				
Ms Alex Hendra	Business Development Manager				
Website: http://www.inclusioniondon.org.uk					
Legal status of organisation:	Charity, Charitable Incorporated Company or				
Charitable company	company number: 1157376				
When was your organisation established? 01	/10/2008				

## **Grant Request**

Under which of City Bridge Trust's programmes are you applying?

**Strengthening London's Voluntary Sector** 

Which of the programme outcome(s) does your application aim to achieve?

More organisations with improved skills in financial management

More organisations with improved capabilities in monitoring, evaluation and impact reporting

Please describe the purpose of your funding request in one sentence.

To continue strengthening London DDPOs' effectiveness and sustainability, through growth in financial management skills and ability to demonstrate and evidence their USP and impact

When will the funding be required? 01/08/2016

How much funding are you requesting?

now mach randing are you requesting:

Year 1: **£56,503** Year

Year 2: **£57,633** Year 3: **£0** 

Total: £114,136

#### Aims of your organisation:

Inclusion London is a 2nd tier pan-London Deaf and Disabled People's organisation. Our mission is to promote Deaf and Disabled people's equality and inclusion by supporting Deaf and Disabled People's organisations (DDPOs) across London, and campaigning for the rights of Deaf and Disabled people. We aim to:

- 1. Support and strengthen London DDPOs by providing a range of accessible services that build their skills, knowledge, capacity and sustainability
- 2. Support London DDPOs to have a strong, collective and influential voice so that the needs, interests and views of Deaf and Disabled people are met and disabling barriers removed.
- 3. Promote awareness and understanding of the unique contribution DDPOs make to London. We aim to evidence and communicate the value of DDPOs and increase Deaf and Disabled people's involvement, influence and leadership within DDPOs.

### Main activities of your organisation:

We currently work with 90 London DDPOs and networks, holding detailed data on 78 of these, who have a combined turnover of over £25million, delivering a range of essential independent living services and support to more than 70,000 Deaf and Disabled Londoners. We support DDPOs through:

- 1. Business & organisational support services: training, advice and bespoke resources in business and finance development and management; consortia development; '1to1' business and financial coaching; and learning networks and peer support opportunities
- 2. Campaigns and policy support including: training, advice and resources on developing a strong, collective and influential voice; carrying out and disseminating research and policy responses
- 3. Awareness raising through representation of DDPOs and equality issues on regional and national forums; supporting DDPOs to capture and evidence their added-value and impact, and increase Deaf and Disabled people's involvement, influence and leadership within DDPOs and the wider community; providing training and consultancy services to improve equalities good practice in wider organisations

#### **Number of staff**

Full-time:	Part-time:	Management committee members:	Active volunteers:
3	7	9	0

#### Property occupied by your organisation

Is the main property owned, leased or rented by your organisation?	If leased/rented, how long is the outstanding agreement?
Rented	annually renewed

#### Summary of grant request

We are requesting a further 2 years funding for Inclusion London's Business Development Project, to continue to support the development of finance and business skills in London's Deaf and Disabled People's user led organisations (DDPOs).

This is of strategic importance because DDPOs continue to face significant challenges that are threatening the very survival of the sector and the specialist support they provide to over 73,000 Deaf and Disabled Londoners. These challenges to DDPOs include:

- Rising demand for DDPO services by Disabled people as a result of austerity measures that continue to cut vital services and reduce key entitlements relied on by many Disabled people. Recent research by LSE revealed that Disabled Londoners lost 29% of their income between 2008 and 2013 and are estimated to have been impacted 9 times more by austerity than non-disabled people. Likewise, social care funding has been cut by 26% and there is an estimated £2.8 billion social care funding gap.
- A range of external barriers impacting on DDPOs' ability to sustain services, meet rising demand and develop new funding streams and services. These barriers include significant and on-going funding cuts to DDPOs by Local Authorities and a contract & commissioning culture which favours large providers, payment by result funding models and a failure to take into account the added value of DDPOs within procurement process.
- Within the DDPO sector a historic and on-going lack of capacity to build and embed key financial and business skills and a lack of capacity to undertake vital service development, impact measurement and consortia working. This situation has been made worse by shrinking capacity building support and mainstream capacity building support that is not accessible or responsive to the needs of many DDPOs.

Our project aims to continue to increase the range of financial management and impact measurement skills of London DDPO which aligns with the Trust's outcomes of building skills in financial management, monitoring, evaluation and impact reporting. Using learning from the first 3 years of the project we will deliver an adapted and improved model of support that specifically addresses some of the key needs identified above including: lack of financial and business skills, difficulties in diversifying income streams and consortia working and the limited opportunities to evidence the added value of user-led service delivery.

Our Business Development Manager will continue to work 3 days a week to deliver bespoke, accessible financial skills, financial and business modelling and impact measurement training; 1:1 coaching and "hands-on" consortia development support. This support will be tailored to address the specific needs of both smaller and larger DDPOs. The project will also improve/ refine a range of bespoke and accessible DDPO tools for financial modelling and demonstrating added value created over the first 3 years of the project. These tools, used in combination with the training, coaching and peer learning support, will help DDPOs embed key financial and impact skills in their work despite major capacity pressures described above. The project will also enable us to continue maintaining our much respected DDPO funding directory which gives details of a range of Charitable Trust and tender opportunities relevant to DDPOs.

As the only specialist infrastructure support organisation for DDPOs in London, currently working with 90 DDPOs we are well placed to meet the Trusts "Good Practice Principles". We will deliver the support to a range of DDPOs including smaller, less well-resourced DDPOs; track the cascaded benefits of the project; capture feedback to continually improve project delivery and share the tools, resources and learning amongst our wider DDPO membership and the wider voluntary, public, policy and funding sectors.

If you need any planning or other statutory consents for the project to proceed, what stage
have the applications reached?

Do you have a Vulnerable Adults policy? No

What Quality Marks does your organisation currently hold?

None

#### **Outputs and outcomes**

What are the main activities or outputs you want to deliver? Please include no more than 5. By activities or outputs we mean the services, products or facilities you plan to deliver. If you plan to deliver work over more than one year you should include activities over the full grant period requested. Try to be specific.

- 4 day course in business and financial modelling, delivered to 10 organisations per year, with 21 hours 1:1 coaching support from the Business Development Manager in between training days, to practically implement a bespoke model designed specifically around DDPO needs
- 3 day course in evidencing and marketing impact, and added value of DDPOs, delivered to 10 organisations per year, with 14 hours 1:1 coaching support from Business Development Manager in between training days to practically implement bespoke model, and 1 days support per organisation from a consultant specialising in marketing
- 2 consortia workshops delivered per year to representatives from DDPOs interested in setting up or joining DDPO consortia or partnerships (8 participants per workshop)
- 196 hours (28 days) consortia development support provided to DDPOs, with a focus on practical support with tendering and funding bids for stable DDPOs, and development of a DDPO collaboration directory that enables smaller DDPOs to join supply chains, focusing on their specialisms

Advice and information provided to 78 DDPOs per year through maintenance of web based information including: directories of funding sources and organisational support providers relevant to DDPOs, and publication on our website of DDPO focused organisational development resources

What main differences or outcomes do you hope the activities you have described above will achieve? Please include no more than 5. By differences or outcomes we mean the changes, benefits, learning or other effects that result from the work your project would deliver. These might be for individuals, families, communities or the environment.

DDPOs have improved skills in costing services, financial modelling, and business planning

DDPOs have improved skills in evidencing and marketing the impact and value of their organisations and services

DDPOs have increased awareness and ability to respond, as individual organisations or in partnerships, to tendering and funding opportunities

Wider Voluntary/Civil Society sector has better awareness of effective and accessible ways to support DDPO development and sustainability

Do you plan to continue the activity beyond the period for which you are requesting funding? If so, how do you intend to sustain it? If not, what is your exit strategy?

We will continue to use evaluation from the project to influence development of more accessible models of support within business and infrastructure support organisations in London. We anticipate needing to continue provision of some areas of the project, either with other funding, or through continuing to incorporate tools and resources generated by the project into our other support work.

# Who will benefit?

# **About your beneficiaries**

How many people will benefit directly from the grant per year?				
73,000				
In which Greater London borough(s) or areas of London will your beneficiaries live?				
London-wide (100%)				
What age group(s) will benefit?				
All ages				
What gender will beneficiaries be?				
All				
What will the ethnic grouping(s) of the beneficiaries be?				
A range of ethnic groups				
If Other ethnic group, please give details:				
What proportion of the beneficiaries will be disabled people?				
91-100%				

# **Funding required for the project**

# What is the total cost of the proposed activity/project?

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary and oncosts: Business Development Manager	31,926	32,566	0	64,492
Rent and utilities	4,695	4,789	0	9,484
Website, print and stationary	916	934	0	1,850
Admin, supervision and management costs	4,736	4,831	0	9,567
Staff training and travel	725	740	0	1,465
Training costs inc venue hire, materials, refreshments	2,804	2,860	0	5,664
Access Costs: BSL/Easy Read etc	2,400	2,448	0	4,848
Specialist Consultancy support with marketing, for 20 DDPOs	8,300	8,466	0	16,766
	0	0	0	0

TOTAL:	56,503	57,633	0	114,136
			1	, ,

# What income has already been raised?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

# What other funders are currently considering the proposal?

Source	Year 1	Year 2	Year 3	Total
TOTAL:	0	0	0	0

## **How much is requested from the Trust?**

Expenditure heading	Year 1	Year 2	Year 3	Total
Salary and oncosts: Business Development Manager	31,926	32,566	0	64,492
Rent and utilities	4,695	4,789	0	9,484
Website, print and stationary	916	934	0	1,850
Admin, supervision, and management	4,736	4,831	0	9,567
Staff training and travel	725	740	0	1,465
Training costs inc venue hire, materials, refreshments	2,804	2,860	0	5,664
Access costs: BSL/Easy Read etc	2,400	2,448	0	4,848
Specialist Consultancy support with marketing, for 20 DDPOs	8,300	8,466	0	16,766

TOTAL:	56,503	57,633	0	114,136
	,	,	_	,,

#### Finance details

Please complete using your most recent audited or independently examined accounts.

Financial year ended:	Month:	Year:
	March	2015

Income received from:	£
Voluntary income	0
Activities for generating funds	0
Investment income	157
Income from charitable activities	589,446
Other sources	3,236
Total Income:	592,839

Expenditure:	£
Charitable activities	565,477
Governance costs	4,594
Cost of generating funds	0
Other	0
Total Expenditure:	570,071
Net (deficit)/surplus:	22,768
Other Recognised Gains/(Losses):	0
Net Movement in Funds:	22,768

Asset position at year end	£
Fixed assets	7,491
Investments	0
Net current assets	90,072
Long-term liabilities	0
*Total Assets (A):	97,563

Reserves at year end	£
Restricted funds	0
Endowment Funds	О
Unrestricted funds	97,563
*Total Reserves (B):	97,563

<sup>\*</sup> Please note that total Assets (A) and Total Reserves (B) should be the same.

#### Statutory funding

For your most recent financial year, what % of your income was from statutory sources? 61-70%

#### **Organisational changes**

Describe any significant changes to your structure, financial position or core activities since the date of your most recent accounts:

None

Grant Ref: 13351

## **Previous funding received**

Please list the funding received by your organisation from the following statutory sources during the last THREE years.

	2012 £	2013 £	2014 £
City of London (except City Bridge Trust)	0	0	0
London Local Authorities	0	0	0
London Councils	280,000	280,000	0
Health Authorities	0	0	0
Central Government departments	9,090	0	0
Other statutory bodies	0	86,666	0

## Previous grants received

Please list the grants received by your organisation from charitable trusts and foundations (other than City Bridge Trust) during the last THREE years. List source, years and annual amounts. Please include the 5 largest only.

Name of Funder	2012 £	2013 £	2014 £
Trust for London	26,839	63,518	0
Big Lottery	58,092	23,848	0
	0	0	0
	0	0	0
	0	0	0

#### **Declaration**

I confirm that, to the best of my knowledge, all the information I have provided in this application form is correct. I fully understand that City Bridge Trust has zero tolerance towards fraud and will seek to prosecute and recover funds in every instance.

Please confirm: Yes Full Name: Alex Hendra

Role within **Business Development Manager** 

Organisation:

Page 123

This page is intentionally left blank